



ROCKY MOUNTAIN DIVISION
 Professional Ski Instructors of America
 American Association of Snowboard Instructors

Telemark RMT Workbook

Professional Development & Skills Proficiency Log

NAME _____

ADDRESS _____

HOME PHONE _____

SKI SCHOOL _____

Ask your RM Education Staff Members to sign and date where applicable.

Name _____

Date _____ **RM Status** _____

Home School Involvement

Telemark RMT candidate is recognized as a positive contributor to home ski school and is competent and widely accepted by instructor staff and its management at the following levels.

Directors please check, sign, and date

Level 1 Certification Training _____

Level 2 Certification Training _____

Level 3 Certification Training _____

Beyond Level 3 Certification Training _____

Director _____

Initial	Date

Comments:

Initial	Date

Technical Knowledge

Completed video review of self, skiing dynamic short and medium radius Telemark turns with a fellow Telemark Trainer. Develop a lesson plan for self-improvement. Your responsibility is to review your skiing and express changes and improvements (if any) you plan to make. The job of your partner is to diplomatically assist you in this process. This is an excellent growth opportunity for both parties.

Peer _____

Comments:

Initial	Date

Completed video review of levels 1, 2, and 3 certification candidates

Level 1 Candidate _____

Level 2 Candidate _____

Level 3 Candidate _____

Again, pair up with a fellow Telemark Trainer and review the tapes to communicate & exchange your views of the candidate's performance and acceptable Movement Analysis by a candidate at that level.

Peer _____

Comments:

Technical Knowledge, continued

Telemark Trainer has completed professional alignment assessment and has incorporated findings into personal equipment setup.

Alignment Professional _____

Note: This is to insure Telemark Trainers are educated in alignment and its effects on performance.

Comments:

Initial	Date