

## Telemark Level 3 Assessment Overview

### Prerequisites:

- Telemark Level 2 Certification
- Complete Level 2 / 3 Workbook and turn in on first morning of assessment, see below
- Optional but highly recommended, attend a prep course, you can verify if you should skip the level one assessment during this event

### Assessment Description

The assessment process verifies your professional, people, teaching, and technical skills. You are evaluated according to the Learning Outcomes (LO) of the PSIA National Telemark Standards. See [Certification Standards & Performance Guides](#)

During this event, participants demonstrate their understanding of Professionalism, People Skills, Teaching Skills, and Technical Skills at the appropriate assessment level. Participants verify their Level 3 abilities by successfully demonstrating assessment activities meeting the assessment criteria found in the certification standards and on the assessment forms, see below.

### *Expectations for assessment day*

- Your assessors are here to help you succeed and learn
- You will be asked to:
  - Teach
  - Ski
  - Assess Movements and demonstrate your Technical Knowledge
- Practice Professionalism and People Skills, be an active learner and support the group
- We plan to finish by 4:30 each day
- Assessment evaluations are sent via E-mail from the PSIA-RM office
- Please take the time to fill out the Assessment evaluation. Help us to help you, We value your feedback

## *Tentative Agenda*

- 8:45 meet on snow. Check-in and turn in workbooks. After check-in: Introduction, overview of 2 days, personal goals, answer questions

## *Accomplishments during the two days*

- Learning Outcomes (LO): Learning outcomes represent what is to be achieved upon completion of each level of certification
- Assessment Criteria (AC): Assessment criteria outline performance details that specify to what level the learning outcomes have been met
- Assessment Activities (AA): the activities a candidate performs to demonstrate that the learning outcomes have been accomplished
- [Telemark Certification Standards](#)

Learning Outcomes and possible activities, for more assessment activities see below.

- Professionalism
  - LO: Promotes a professional environment by adapting behaviors to positively affect others. See below for AC and performance guide
    - Was the workbook done on time?
    - Interaction with your peers
- People Skills
  - LO: Communication: Engages in and adapts verbal and non-verbal, two-way communication with all individuals
  - LO: Relationships with Others: Manages the unique motivations and emotions of each individual and the interpersonal dynamics of a group to develop trust
    - Interaction with your peers
    - Listening skills
- Teaching Skills
  - LO: Assess and Plan: Plans learning outcomes and creates individualized experiences around a common theme for advanced students
  - LO: Implement: Individualizes learning experiences to guide students toward agreed-upon outcomes and optimizes student engagement in the process
  - LO: Reflect / Review: Fosters the ability to recognize, reflect upon, and assess experiences to enhance understanding and apply what was learned
    - Lead at least one 20-30 minute teaching sessions within the Advanced Zone, topic of your choice with respect to the goals of your peers. Possibly a 10 minute teach, assigned by your assessors
    - A review with your assessors and/or peers immediately after your teach. May include discussion about assessing movements and technical understanding.

- **Technical Skills**

- LO: Skiing Performance: Adapts a blend of the Telemark Skiing Fundamentals and tactics to generate specific outcomes through the advanced zone
  - Ski selected assessment activities, recommendations found in the Assessment Activities Checklist, see below. Any activity may be modified to allow you to demonstrate versatility, adaptability, and accuracy; and / or videoed and reviewed by your assessors.
- LO: Technical Understanding: References current and historic PSIA resources and information to evaluate ideal performances, using the telemark fundamentals and considering tactics and equipment choices
  - A technical discussion with your assessors on selected topics. This discussion may take place at any time.
- LO: Movement Analysis: Describes telemark skiing performances, citing cause-and-effect relationships of multiple telemark fundamentals in all turn phases, resulting in an effective prescription for change
  - Assessing movements may occur at any time on your peers, other skiers, or video. see MA format below.

Reference material:

- Certification Standards: [Telemark Certification Standards](#)
- Fundamentals: [The Learning Connection & Discipline-Specific Fundamentals](#)
- Performance Guides:
  - People Skills: [People Skills Performance Guide](#)
  - Teaching Skills: [Teaching Skills Performance Guide](#)
  - Telemark including some assessment activities: [Telemark Skiing Technical Skills Performance Guide](#)
- Assessment Forms: [Certification Standards & Performance Guides](#)
  - Teaching: [PSIA Certified Level III Telemark Teaching ASSESSMENT FORM](#)
  - Skiing: [PSIA Certified Level III Telemark Skiing Performance ASSESSMENT FORM](#)
  - Movement Analysis & Technical Understanding: [PSIA Certified Level III Telemark Movement Analysis & Technical Understanding ASSESSMENT FORM](#)
- Movement Analysis Format: [Telemark Level 3 Movement Analysis Format](#)
- [Telemark PSIA-RM Level 2 / 3 Workbook](#)
- Possible Assessment activities: [Assessment-Activities-Checklist](#). Note: The assessors are free to use variations and alternatives

Materials needed:

- Modern telemark equipment, NTN recommended
- Optional: Telemark Assessment Activity Checklist and pencil / pen