



PSIA Certified Level III Telemark Movement Analysis & Technical Understanding ASSESSMENT FORM

- Meets Standards
 Does Not Meet Standards

Candidate:
Assessment:
Region:
Assessor(s):

| Assessment Scale for Certified Level III | |
|--|--|
| 1 | Essential elements were not observed or not present. |
| 2 | Essential elements are beginning to appear. |
| 3 | Essential elements appear, but not with consistency. |
| 4 | Essential elements appear regularly at a satisfactory level. |
| 5 | Essential elements appear frequently, above required level. |
| 6 | Essential elements appear continuously, at a superior level. |

ASSESSMENT CRITERIA

| Instructor Decisions & Behavior | Technical Understanding |
|--|---|
| Professionalism and Self Management: Promotes a professional environment by adapting behaviors to positively affect others. (Continual Assessment) | References current and historic PSIA resources and information to evaluate ideal performances, using the telemark fundamentals while considering tactics and equipment choices. |
| Needs/Safety Address group and individual needs for esteem. | Understanding of Ideal Accurately identify and describe ideal performances, using telemark fundamentals in blended relationships through the advanced zone. |
| Behavior Management Adapts behaviors for positive group and individual interaction. | Understanding of Biomechanics/Physics Accurately discuss telemark fundamentals, tactical choices and equipment options using relevant biomechanics and physics principles. |
| Section Average: Must be 4 or above to meet Learning Outcome | Equipment Accurately compare how equipment choices and issues affect performance through the advanced zone. |
| Comments | Utilizes Resources Accurately compare information from multiple resources (PSIA telemark and other relevant content) relative to personal performance or the desired outcome. |
| | Section Average: Must be 4 or above to meet Learning Outcome |
| | Comments |
| | |
| Movement Analysis | |
| Describes Telemark skiing performances citing, cause and effect relationships of multiple telemark fundamentals in all turn phases, resulting in an effective prescription for change. | |
| Describe Performance Accurately observe and describe ski and body performance relative to multiple telemark fundamentals in all turn phases, and from turn to turn. | |
| Connect Performance Accurately observe and connect body performance to ski performance in multiple telemark fundamentals in all turn phases, and from turn to turn. | |
| Cause-and-Effect Accurately observe and describe the cause and effect relationships between multiple telemark fundamentals in all turn phases, and from turn to turn. | |
| Evaluate and Prescribe Compare the observed performance to the ideal and prescribe specific changes and/or blending of the telemark fundamentals, using DIRT (duration, intensity, rate, and timing) to create a more ideal outcome. | |
| Equipment Consider the relationship of a student's tactical choices and equipment selection to a more ideal/desired outcome. | |
| Section Average: Must be 4 or above to meet Learning Outcome | |
| Comments | |