

# **Telemark Level 2 Assessment Overview**

## Prerequisites:

- Telemark Level 1 Certification or level 2 certification in another discipline. For details about skipping level 1, see: <u>Telemark – PSIA-RM</u>
- Complete the Workbook and turn in on first morning of assessment, see below
- Optional but highly recommended, attend a prep course, you can verify if you should skip the level one assessment during this event

## **Assessment Description**

The assessment process verifies your professional, people, teaching, and technical skills. You are evaluated according to the Learning Outcomes (LO) of the PSIA National Telemark Standards Certification Standards & Performance Guides

During this event, participants demonstrate their understanding of Professionalism, People Skills, Teaching Skills, and Technical Skills at the appropriate assessment level. Participants verify their Level 2 abilities by successfully demonstrating assessment activities meeting the assessment criteria found in the certification standards and on the assessment forms, see below.

### Expectations for assessment day

- Your assessors are here to help you succeed and learn
- Be an active learner and support the group
- You will be asked to:
  - o Teach & Demonstrate People Skills
  - o Ski
  - o Assess Movements and Demonstrate Technical Knowledge
  - o Practice Professionalism
- Assessment evaluations are sent via E-mail from the PSIA-RM office
- Please take the time to fill out the Assessment evaluation. Help us to help you,
   We value your feedback

#### Agenda

- 8:45 meet each day on/near snow. Check-in and turn in workbooks.
- Introduction, overview of 2 days, personal goals, answer questions
- We will move through a series of assessment activities that will include Teaching/People Skills activities, MA/Technical Skills activities and Skiing Activities.
- The order of activities and structure of the 2 days is not set and will take into account the needs of the participants as well as the needs of the assessment process.
- Efforts will be made to organize activities to maintain engagement, interest, energy levels and create a positive learning and assessment environment.
- We plan to finish by 4:30 each day

## What is to be accomplished during the two days

- Learning Outcomes (LO): Learning Outcomes represent what is to be achieved upon completion of each level of certification
- Assessment Criteria (AC): Assessment Criteria outline observable performance details that specify to what extent Learning Outcomes have been met
- Assessment Activities (AA): Assessment Activities chosen to demonstrate that the Assessment Criteria have been met and the Learning Outcomes have been achieved
- Telemark Certification Standards

## **Learning Outcomes for the 2 Days:**

- Professionalism
  - o LO: Contributes to a professional environment by managing their behaviors and emotions in response to others. See below for AC and performance guide
  - LO: Communication Engages in and adapts verbal and non-verbal, twoway communication with individuals and subsets of the group
  - LO: Relationships with Others Adapts to the motivations and emotions of individuals – and to the interpersonal dynamics within the group – to promote trust

## People Skills

- o LO: Communication Engages in and adapts verbal and non-verbal, twoway communication with individuals and subsets of the group
- LO: Relationships with Others Adapts to the motivations and emotions of individuals – and to the interpersonal dynamics within the group – to promote trust

#### Teaching Skills

- o LO: Assess and Plan: Plans learning outcomes and progressive learning experiences and adapts to the changing needs of intermediate students
- LO: Implement: Facilitates learning experiences and adapts them as necessary to guide students toward agreed-upon outcomes and engage them in the process

 LO: Reflect / Review: Helps students recognize, reflect upon, and assess experiences to apply understanding and performance changes to desired outcomes

#### Technical Skills

- LO: Skiing Performance: Adjusts the blend of Telemark Skiing Fundamentals and tactics to demonstrate specific outcomes in intermediate and advanced terrain
- LO: Technical Understanding: Uses current PSIA resources to describe ideal performances, using two or more telemark fundamentals while considering tactics and equipment choices
- LO: Movement Analysis: Articulates accurate cause-and-effect relationships of at least two telemark fundamentals through all phases of the turn, resulting in an effective prescription for change

## **Assessing the Learning Outcomes**

## Assessing the Instructor Decisions and Behavior

Instructor Decisions and Behavior:

- is an ongoing assessment throughout the 2 days.
- is not assessed separately from the Teaching/People Skills. MA/Technical Skills or the Skiing Skills assessments.
- connects strongly to an instructor's ability to demonstrate professionalism in this professional environment.
- can include actions such as timeliness and the ability to move together with the group
- can include attentiveness to details and requirements such as completing the workbook prior to the assessment and knowing when and where meetings will be.

Instructor Decisions and Behavior are assessed something like this:

During an assessment each candidate will have many opportunities to present, speak and ski. Professionalism is the way in which each candidate conducts her or his self while in front of the group, while participating as a member of the group, while interacting with individuals/ the group as a whole or at any time during the assessment. Assessments can be stressful environments. It is not expected that any participant is responsible to help create a positive assessment environment for other participants although this would be welcome. It is expected that no candidate will conduct themself in a manner that will be detrimental to the performance or experience of others. At a minimum each candidate should conduct themselves in a manner that neither improves or detracts from the other candidate's performance or experience. Assessors will note the manners in which candidates conduct themselves throughout the assessment process

Assessing the Teaching/People Skills

A teaching presentation will be the primary opportunity to assess the Learning Outcomes and Assessment Criteria on the Telemark Teaching/People Skills Assessment form.

During the assessment each candidate will have the opportunity to:

- Introduce themselves and get to know the other members of the group through group activities as well as lift rides, etc.
- Make assessments of the other participants relative to a Telemark lesson in the intermediate zone.
- Observe the other participants skiing over the course of several runs (at a minimum) and through a variety of skiing tasks.
- Assess the understanding of Telemark skiing of the other members of the group through group activities, lift rides, etc.
- Assess the motivations of other members of the group relative to Telemark skiing through group activities, lift rides, etc.
- Deliver an authentic lesson experience that could/would meet the needs of the individuals/group at a level appropriate to the pursued level of certification and relative to the skiing, understanding and motivations of the participants in the group.
- Deliver the above mentioned lesson experience for a total of 30 mins +/-.
- Converse with the Assessor(s) about the delivered lesson experience and the reasoning used for the activities chosen.

The Teaching/People Skills assessment process will look something like this:

On the first morning the assessor(s) will provide an overview of the assessment process. This overview should promote an understanding that various components of the process will be taking place simultaneously (rather than sequentially). While involved in the various aspects of the assessment (skiing, teaching segments, conversations, lift rides, etc.) the candidates should be getting to know and gain an understanding of the other participants' skiing, understandings and motivations. The information gathered should help each participant deliver an authentic lesson experience.

Candidates will be asked to present to the group an authentic lesson experience. This will happen after a minimum of a couple runs and after a couple of different skiing activities/tasks. Assessors may ask for volunteers to "teach the group" or may assign candidates as needed. Teaching segments delivered by candidates may take place on any day of the assessment. Candidates should lead the group for up to 30 minutes. The candidates should deliver an authentic lesson, i.e., "teach to the group" and not a "mock lesson". Candidates should present information and activities consistent in the intermediate zone and consistent with a level 2 certification. There is an understanding that there may be individuals in the group that have skill levels that exceed the skill level being assessed. The lesson experience being delivered should be such that it could create a positive learning experience for students when presented in the "real world".

Candidates may be asked to vary and/or repeat lesson experiences as needed to aid in the ability to effectively assess the candidate. Variations may include time, terrain, tasks, topics,etc. Following the lesson experience assessors may discuss the lesson with the candidates as needed. Candidates should be prepared to discuss their rationale of activities chosen, information presented and/or methodology. Discussion may be relative to the skill level of the "real world" audience and/or the candidates who participated in the lesson.

## Assessing the MA/Technical Skills

During the certification assessment, each candidate will have the opportunity to demonstrate his or her Movement Analysis Skills and Technical Understanding. Opportunities will be outside on the snow in real time, while riding lifts and possibly inside on video.

## The MA session will be:

- On one of the other skiers in the group
- On a skier of the Telemark Assessor's choosing
- On a skiing performance in the intermediate zone: blue trail, easy variable, easy bumps

#### The candidate:

- Gives his/her MA while watching the skier or at a time soon after. The candidate will be given the opportunity to observe the skier for a period of time, e.g.; 10-20 turns, over the course of several runs or through several activities.
- Should choose a Telemark Fundamental that represents the candidate's view of the primary opportunity for improvement
- Should focus on describing a single Telemark Fundamental throughout each of the three parts of a turn, i.e., initiation, shaping, finish. Note: the fundamental chosen can be determined prior to, during, or following the performance and is of the candidate's choosing
- Should draw connections between the ski performance and how the movements of the body affect the ski performance in the chosen Telemark Fundamental i.e., determine cause-and-effect relationships
- Should include a "more ideal" description of the chosen Telemark Fundamental that the candidate would like to see, i.e., prescription for change as related to the Telemark Fundamental chosen.

The MA/Technical Understanding assessment process will look something like this:

To begin the movement analysis session, the assessor will assign the candidate a skier to observe. The candidate will have the opportunity to observe the skier; i.e., for 10-20 turns, over the course of several runs or during several activities. During the time the candidate is making his or her observations other activities may be taking place with the group. This could include skiing and/or teaching assessment activities. The candidate will have the opportunity to provide their movement analysis to the assessor and demonstrate their ability to meet the assessment criteria. This opportunity may take place while on the hill, during a chairlift ride or inside a lodge. The candidate's MA will be used as a segue to assessing technical understanding. The candidate will have the opportunity to use the fundamental chosen for MA and discuss their own skiing and ideal skiing with respect to the chosen fundamental. The discussion may include other fundamentals as well as discussion about equipment and tactics. The entire MA and Technical understanding discussion will take approximately 15 minutes, 5-8 minutes for MA and 5-8 minutes for Technical understanding discussion. Both the MA and Technical Understanding

assessment may be supported or augmented in the teaching assessment or through other conversations throughout the assessment event.

Both the MA assessment and Technical Understanding Assessment may be repeated in part or in full to help verify a candidate's ownership of the Assessment Criteria and the Learning outcomes.

Video (if used)

Video would be a similar process to that described above.

## Assessing the Skiing Skills

During the assessment each candidate will have the opportunity to demonstrate her or his skills.

Skiing will be assessed:

- Through a variety of of skiing assessment activities (tasks).
- Through the use of Highlighted, Blended and Applied tasks.
- The tasks will be in no particular order although efforts will likely be made to consider the environment, timing, sequencing, preparedness of the group, etc.
- Tasks may be modified to allow highlighting of the Telemark Technical Fundamentals
- All skiing during the assessment may be considered including:
  - Skiing performed when being asked to perform a particular task
  - Skiing while delivering a teaching presentation
  - Skiing while participating in a teaching presentations with other candidates
  - o General free skiing during the assessment when "commuting", etc.

The Skiing Skills assessment process will look something like this:

Each day of the assessment will likely begin with skiing on a more basic/blended level. This likely will be on intermediate(ish) terrain. The assessors will likely create some structure or parameters around the skiing; medium radius basic Telemark, line rotation, paired skiing, etc. As the day progresses the assessors will integrate skiing tasks between the assessment of Teaching/People Skills and the MA/Technical Understanding. Assessors will frequently take advantage of the terrain at hand as well as the situations we find ourselves in. Railroad Tracks may be done while commuting on a road, Pivot Slips early in the day while the snow is well groomed, mogul skiing or short turns following a teaching presentation that would lead us to theses activities, etc.

During teaching presentations or while commuting/free skiing assessors will primarily be focused on the task at hand but may take note of individual skiing performances while the group has a different focus; sometimes your best free skiing run will take place during another candidates teaching presentation.

Assessors may vary or combine skiing tasks to highlight various blends of Telemark Technical Fundamentals. Assessors will also revisit tasks possibly multiple times. Efforts are made through all skiing opportunities to develop a complete assessment of each candidates skiing skills and ownership of the Telemark Technical Fundamentals.

### Reference material:

- Certification Standards: Telemark Certification Standards
- Fundamentals: <u>The Learning Connection & Discipline-Specific Fundamentals</u>
- Performance Guides:
  - o People Skills: People Skills Performance Guide
  - o Teaching Skills: Teaching Skills Performance Guide
  - o Telemark including some assessment activities: <u>Telemark Skiing Technical</u> Skills Performance Guide
- Assessment Forms: <u>Certification Standards & Performance Guides</u>
  - o Teaching: <u>PSIA Certified Level II Telemark Teaching ASSESSMENT</u> FORM
  - o Skiing: <u>SIA Certified Level II Telemark Skiing Performance ASSESSMENT FORM</u>
  - o Movement Analysis & Technical Understanding: <u>PSIA Certified Level II</u>
    <u>Telemark Movement Analysis & Technical Understanding ASSESSMENT</u>
    <u>FORM)</u>
- Movement Analysis Format: <u>Telemark Level 2 Movement Analysis Format</u>
- Telemark PSIA-RM Level 2 / 3 Workbook
- Possible Assessment activities: <u>Assessment-Activities-Checklist</u>. Note: The assessors are free to use variations and alternatives

## Materials needed:

- Modern telemark equipment, NTN recommended
- Optional: Telemark Assessment Activity Checklist and pencil / pen