



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

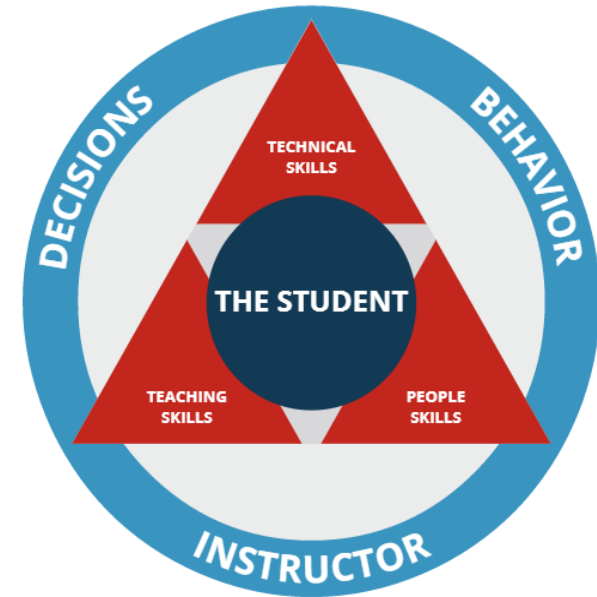
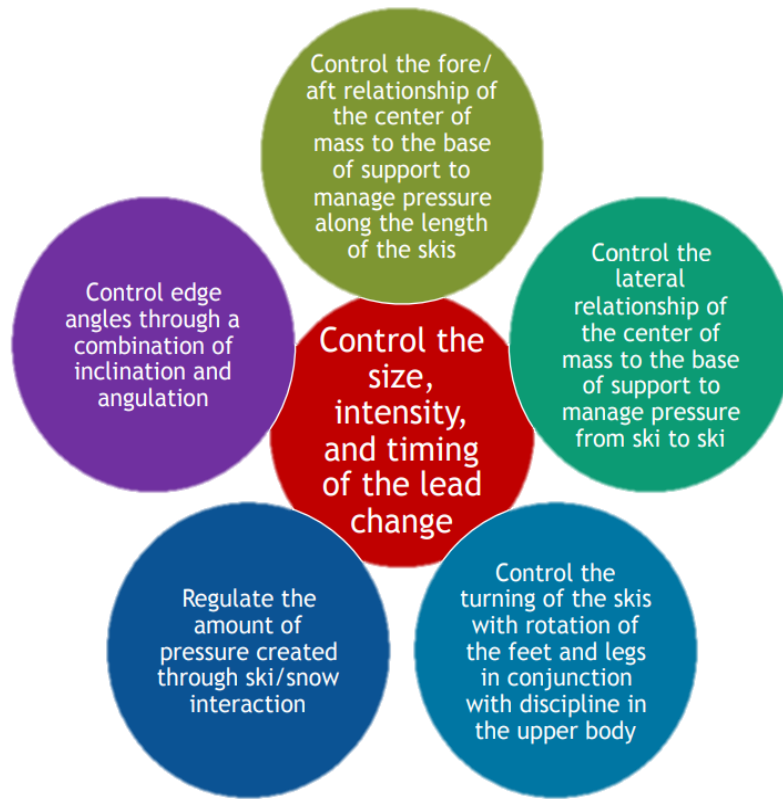
PSIA-RM Telemark Level 2 and 3 Certification Checklist

The Telemark Level 2 and 3 Certification Checklist is divided into three sections: Skiing, Teaching/People, and Technical. Each section has a list of things that you must know or be able to perform to be certified as a Level 2 or Level 3 Telemark Instructor. Please download this document to your phone, or have a copy with you, for your prep clinics or in-house training. Then you will be able to add notes and feedback that you receive to your personal version of this document. You can ask Telemark Education Staff Members (Tele Ed Staff) to check your notes and provide additional feedback and coaching for improved performance.

Be aware that although you are expected to know all the skiing tasks/maneuvers, teaching and technical elements in this Checklist, during your assessment event the Educators may or may not cover all those listed. This is up to the discretion of the Educator running the event.

Note: Please remember the **Learner's Responsibility Code**; ***"I am responsible for my own learning!"*** You are expected to take responsibility for your own learning, make sure you learn what you need to learn, ask the questions to get the answers you need, and use this checklist to track your learning and what you need to work on. Be an active learner.

Telemark Fundamentals



Learning Connection Model

PSIA-RM Telemark Instructor Training Course Level 2 / 3 Checklist

SKIING: all level 1 Tasks/Maneuvers and:	Date	Level	Comments / Feedback
1 Railroad Tracks – Level 2; Alpine Only Railroad Tracks - Level 3; Telemark and Alpine			
2 Pivot Slips - Level 2; Linked Telemark, Both Directions Pivot Slips - Level 3, Linked Telemark and Alpine, Both Directions			
3 Wedge Christie Telemark			
4 Basic Parallel; Telemark and Alpine			
5 Level 2; Switch Wedge Christie Level 3; Switch Wedge Christie Telemark			
6 Short Radius			
7 Medium Radius, Telemark and Alpine Parallel			
8 Educator's Choice			

APPLIED Maneuvers, all level 1 maneuvers and:	Date	Level	Comments / Feedback
1 Level 2; 750 Shuffles Level 3, 1000 Shuffles			
2 Monomark			
3 Ungroomed			
4 Level 2; Intermediate Zone Bumps Level 3; Advanced Zone Bumps			
5 Level 2; intermediate zone groomed and ungroomed terrain Level 3; advanced zone groomed and ungroomed terrain			
6 Educators Choice			
TEACHING; Level 2 = Teaching in beginner and intermediate zones; Level 3 = Teaching in all zones ending in advanced zone			
Teaching Topic Is:			
1 Uses Teaching Model / ATS / Lesson Makes Sense			
2 Develops Rapport / Engages Student / Individual Motivation			
3 Learning Styles / Teaching Styles / Presents Multi-Ways			
4 Safe Environment			
5 Technically Accurate Lesson with Feedback			
6 Educators Choice			

People Skills	Date	Level	Comments / Feedback
1 Develop relationships based on trust			
2 Engage in meaningful two way communication			
3 Identify, understand, and manage your emotions and actions			
4 Recognize and influence the behaviors, motivations, and emotions of others			
TECHNICAL, Level 2 = Movement Analysis in beginner and intermediate zones; Level 3 = Movement Analysis in all zones	Date	Level	Comments / Feedback
Technical Topic:			
1 Movement Analysis Description			
2 Movement Analysis Cause & Effect			
3 Movement Analysis Prescription			
4 Technical Knowledge			
6 Educators Choice			