



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Telemark Exam Level 2/3

Course Description:

Work through the skiing, teaching and technical elements of Level 2/3 Telemark Certification while enhancing personal performance and professional growth. Participants are required to download and complete the Telemark Level 2/3 Certification Workbook from the PSIA-RM website prior to attending the exam. By utilizing the on-hill checklists, participants will be able to enhance and monitor progress throughout the **2** days.

Participants will earn Level 2 or 3 Certification upon successfully meeting all performance requirements during the **2**-day exam. If you're not sure whether you're ready for Level 2 or 3 Certification, join us for the Tele Level 2/3 Prep Clinic first!

Course Outcomes:

- Ski all blue and groomed black terrain (Intermediate zone for Certification level 2)/ ski all black terrain in all conditions (Advanced zone for Certification level 3) (see Telemark Certification Standards 2015).
- Competently teach Telemark skiing to students through the intermediate or advanced zone.
- Describe basic movement patterns and cause and effect relationships in skiers from the intermediate through advanced zone.
- Define and interpret all terminology as described in the Telemark Technical Manual.

Sample Activities:

- Demonstrate short radius Telemark turns and linked turns in blue bump terrain.
- Demonstrate monomarks, 750/1000 shuffle and linked Telemark side slips.
- Demonstrate how to apply the teaching model to meet the needs of the student.
- Prescribe what a student should work on by prioritizing their skill needs from the intermediate to advanced zone.
- Understand the application of the fundamental movements in the Telemark maneuvers to a student from the intermediate to advanced zone.

Materials Needed:



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- Standard ski area Telemark equipment
- Completed Telemark Level 2/3 Certification Workbook (download from PSIA-RM web site)