

PSIA-Rocky Mountain-AASI

WHAT TO EXPECT AT YOUR CLINIC/EXAM

PSIA-RM 2-day Telemark Level 2/3 Technical/MA Certification

Information, Thoughts, Things to Consider:

- Evaluators are here to help you succeed and learn.....
- Our greatest strength and learning opportunity is the group. Let's create the most fun and rewarding clinic verification ever, together.
- Please be an active learner, contribute, share, listen, be open-minded, be sensitive to group needs, tell us your needs so you get what you want and be honest...
- You will receive a Certification booklet at the beginning of your event. **This booklet is for you to write down your personal feedback**, notes, thoughts, fresh insights, new cool teaching ideas, etc., and is for you to keep. There will be little to no written feedback on your scorecards.
- Evaluators will be as transparent as possible and will talk with each of you individually during the process to go over your booklets and if you wish, go over how you are doing.
- This event is focused only on the technical/MA requirement for the Telemark 2/3 certification. Due to the focused nature of this event, **there will be more opportunities for individual practice and coaching than there would be during the 3 day certification event.**

Tentative Agenda

8:30-8:45 Check-in and collect completed workbooks.

After check-in: introduction, overview of 2 days, personal goals, and answer questions.

The following will be accomplished during the 2 days:

Practice your movement analysis indoors (video) and on snow, emphasizing accurate descriptions of ski performance and associated body performance.

Over the course of the event you will be asked to answer a technical question of your choice (either a chair ride with your evaluators or indoors). You may be asked additional technical questions. There will also be group discussions of technical Telemark skiing concepts.

Scored movement analysis will take place inside off of a video, and on a live skier on the ski hill. For complete details on the format of these sessions, please refer to the document entitled Telemark Levels 2 and 3 Movement Analysis, listed under exam materials on the Nordic Education Material Download Page at www.psia-rm.org.

You will receive personal feedback on your performance. **Please remember to write your feedback in your certification booklet.** Receiving personal feedback on your movement analysis and technical discussions is an essential part of the verification process. Please help us by communicating when and how we can best provide you feedback.

We will go over workbooks as a group.

OTHER STUFF:

We will be done by 4:30ish each day as long as Mother Nature and lifts cooperate. Evaluators will also return your Workbooks at the end of the event. Exam evaluations will be sent via E-mail from the PSIA- RM office. Please take the time to fill out the Exam evaluation. We value your feedback!