



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Level 1 Telemark Exam

Information, Thoughts, Things to consider:

- **Your Evaluators are here to help you succeed and learn.....**
- Our greatest strength and learning opportunity is the group. Let's create the most fun and rewarding certification event ever, together.
- Please be an active learner: contribute, share, listen, be open-minded, be sensitive to group needs, tell us your needs so you get what you want, and be honest.
- You will receive a Level 1 Certification booklet at the beginning of your event. **This booklet is for you to write down your personal feedback**, notes, thoughts, fresh insights, new cool teaching ideas, etc., and is for you to keep. There will be little to no written feedback on your scorecards.
- Evaluators will be as transparent as possible and will talk with each of you individually during the process to go over your booklets and if you wish, go over how you are doing.

Tentative Agenda

8:30-8:45 Check-in and collect completed Level 1 Workbooks

After check-in: introduction, overview of each day of the event, personal goals, and answer questions. You may be switching leaders on the final day of the event. You and your evaluators will accomplish the following during the event:

TEACHING:

First, as a warm-up, your evaluators will ask you to give a short, 3-5 minute presentation. The topic could be one of your choice or one picked by your evaluator.

Then during the exam, you will teach at least 1 (and possibly 2) X 20 minute sessions to students whose skill level ranges from beginner to Telemark level 4.

- 1st session topic will be of a teaching topic of your choice.
- 2nd session topic will be chosen for you by leaders. The 2nd teaching session may or may not happen.

After you teach, your evaluators will review your session with you, usually on the next chairlift ride.

SKIING:

We will ski through many if not all the skiing maneuvers and tasks listed in the workbook for Tele Level 1. Some tasks/maneuvers will be videoed and subsequently reviewed with your evaluators. Receiving personal feedback on your performance of the skiing maneuvers is an essential part of the verification process. **Remember to write your feedback in your certification booklet.** Please help us by communicating when and how we can best provide your feedback.

TECHNICAL /MOVEMENT ANALYSIS

Each candidate will have at least one opportunity to demonstrate movement analysis (MA) skills. The MA session for your exam will be conducted inside via video. For complete details on the format of this session, please refer to the document entitled Telemark Level 1 Movement Analysis Format, listed under exam materials on the Telemark Reference Materials Download Page at www.psia-rm.org.

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OTHER STUFF:

We will be done by 4:30ish each day as long as Mother Nature and lifts cooperate.

Evaluators will return your Workbooks at the end of the event. Exam evaluations will be sent via E-mail from the PSIA-RM office. Please take the time to fill out the Exam evaluation. We value your feedback!