

Telemark Level 1 Assessment Overview

Prerequisites:

- PSIA-AASI membership.
- Complete Telemark Level 1 Workbook and turn in on first morning of assessment, see below
- Complete Alpine Level 1 E-Learning Module
- Optional but highly recommended, attend a Telemark Clinic

Assessment Description

The assessment process verifies your professional, people, teaching, and technical skills. You are evaluated according to the Learning Outcomes (LO) of the PSIA National Telemark Standards [Certification Standards & Performance Guides](#).

During this event, participants demonstrate their understanding of Professionalism, People Skills, Teaching Skills, and Technical Skills at the appropriate assessment level. Participants verify their Level 1 abilities by successfully demonstrating assessment activities meeting the assessment criteria found in the certification standards and on the assessment forms, see below.

Expectations for assessment day

- Your assessors are here to help you succeed and learn
- You will be asked to:
 - Teach
 - Ski
 - Assess Movements and demonstrate your Technical Knowledge
- Practice Professionalism and People Skills, be an active learner and support the group
- We plan to finish by 4:30 each day
- Assessment evaluations are sent via E-mail from the PSIA-RM office
- Please take the time to fill out the Assessment evaluation. Help us to help you, We value your feedback

Tentative Agenda

- 8:45 meet on snow. Check-in and turn in workbooks. After check-in: Introduction, overview of 2 days, personal goals, answer questions

Accomplishments during the two days

- Learning Outcomes (LO): Learning outcomes represent what is to be achieved upon completion of each level of certification
- Assessment Criteria (AC): Assessment criteria outline performance details that specify to what level the learning outcomes have been met
- Assessment Activities (AA): the activities a candidate performs to demonstrate that the learning outcomes have been accomplished
- [Telemark Certification Standards](#)

Learning Outcomes and possible activities, for more assessment activities see below.

- **Professionalism**
 - LO: Maintains a professional environment by demonstrating self-awareness and self-management. See below for AC and performance guide
 - Was the workbook done on time?
 - Interaction with your peers
- **People Skills**
 - LO: Communication - Engages in meaningful verbal and non-verbal communication with the group as a whole
 - LO: Relationships with Others - Identifies likely motivations and emotions of individuals and understands group dynamics
 - Interaction with your peers
 - Listening skills
- **Teaching Skills**
 - LO: Assess and Plan - Plans learning outcomes and organizes progressive learning experiences relevant to beginner/novice students
 - LO: Implement - Facilitates learning experiences that guide students toward the agreed-upon outcome and engages them in the process.
 - LO: Reflect / Review - Communicates performance changes that target the learning outcome to help students identify that a change has been made
 - Lead at least one 20-30 minute teaching sessions within the Beginner/Novice Zone, topic of your choice with respect to the goals of your peers. Possibly a 10 minute teach, assigned by your assessors
 - A review with your assessors and/or peers immediately after your teach. May include discussion about assessing movements and technical understanding.

- Technical Skills

- LO: Skiing Performance: - Applies a blend of the Telemark Skiing Fundamentals to demonstrate specific outcomes in beginner and intermediate terrain
 - Ski selected assessment activities, recommendations found in the Assessment Activities Checklist, see below. Any activity may be modified to allow you to demonstrate versatility, adaptability, and accuracy; and / or videoed and reviewed by your assessors
- LO: Technical Understanding: - Uses current PSIA telemark resources to describe elements of ideal performances, addressing the telemark fundamentals separately
 - A technical discussion with your assessors on selected topics. This discussion may take place at any time.
- LO: Movement Analysis: - Articulates an accurate cause-and-effect relationship between body and ski performance within any single telemark fundamental in a specific turn phase to offer a relevant prescription for change
 - Assessing movements may occur at any time on your peers, other skiers, or video. see MA format below

Reference material:

- Certification Standards: [Telemark Certification Standards](#)
- Fundamentals: [The Learning Connection & Discipline-Specific Fundamentals](#)
- Performance Guides:
 - People Skills: [People Skills Performance Guide](#)
 - Teaching Skills: [Teaching Skills Performance Guide](#)
 - Telemark including some assessment activities: [Telemark Skiing Technical Skills Performance Guide](#)
- [New Snowsports Instructor Guide](#)
- Assessment Forms: [Certification Standards – PSIA-AASI \(thesnowpros.org\)](#)
 - [PSIA Certified Level I Telemark ASSESSMENT FORM](#)
- Movement Analysis Format: [Telemark Level 1 Movement Analysis Format](#)
- [Telemark PSIA-RM Level 1 Workbook](#)
- Possible Assessment activities: [Assessment-Activities-Checklist](#). Note: The assessors are free to use variations and alternatives

Materials needed:

- Modern telemark equipment, NTN recommended
- Optional: Telemark Assessment Activity Checklist and pencil / pen