



Snowboard Rocky Mountain Trainer Riding Assessment Form

Name
Date
Location
Examiner(s)

| | |
|--------------------------|---------------------------|
| <input type="checkbox"/> | Attained RMT Riding |
| <input type="checkbox"/> | Did Not Attain RMT Riding |

Service Concepts (Must Pass)

| | |
|---|--------------------------|
| Professionalism | <input type="checkbox"/> |
| Safety, Responsibility Code, Park SMART | <input type="checkbox"/> |

Riding Concepts (Must Pass)

| | |
|---|--------------------------|
| Maintain Effective Alignment, Balance & Stance | <input type="checkbox"/> |
| Highlight, Manage, & Vary Rotational & Steering Movements | <input type="checkbox"/> |
| Highlight, Manage, & Vary T.I.R.D. of Upper/Lower Body Separation & Alignment | <input type="checkbox"/> |
| Highlight, Manage, & Vary Flexion/Extension Movements | <input type="checkbox"/> |
| Highlight, Manage, & Vary T.I.R.D. of Unweighting/Down-Unweight/Retraction | <input type="checkbox"/> |
| Highlight, Manage, & Vary Board Performance | <input type="checkbox"/> |

Applied Outcomes (Averaged)

| | | |
|------------------|--|--------------------------|
| Task 1 | | <input type="checkbox"/> |
| Task 2 | | <input type="checkbox"/> |
| Task 3 | | <input type="checkbox"/> |
| Task 4 | | <input type="checkbox"/> |
| Task 5 | | <input type="checkbox"/> |
| Task 6 | | <input type="checkbox"/> |
| Task 7 | | <input type="checkbox"/> |
| Task 8 | | <input type="checkbox"/> |
| Versatility Task | | <input type="checkbox"/> |

Comments

Scoring Criteria for Rocky Mountain Trainer

- 1: Essential elements were not observed or not present.
- 2: Essential elements are beginning to appear.
- 3: Essential elements appear, but not with consistency.
- 4: Essential elements appear regularly at a satisfactory level.
- 5: Essential elements appear frequently, above required level.
- 6: Essential elements appear continuously, at a superior level.