



**ROCKY MOUNTAIN
DIVISION**

Snowboard RMT Entrance Exam Assessment Form

Name
Date
Location
Examiner(s)

Accepted into Snowboard RMT Program
 Not Yet Accepted

Acceptance into the Snowboard RMT program is defined as passing all tasks in all sections of the snowboard entrance exam.

Highlighted Riding Concepts Tasks

Upper/Lower Body Separation

Retraction Movement Patterns

Flexion & Extension Movement Patterns

Blended Tasks

Forward Task

Switch Task

Applied Outcomes

On Piste/Groomer

Off Piste/Groomer

Freestyle

Scoring Criteria for the Exam

- 1: Essential elements were not observed or not present.
- 2: Essential elements are beginning to appear.
- 3: Essential elements appear, but not with consistency.
- 4: Essential elements appear regularly at a satisfactory level.
- 5: Essential elements appear frequently, above required level.
- 6: Essential elements appear continuously, at a superior level.

Comments