



RMT PREVIEW EXAMINER OUTLINE

Day 1 - Technical Communication and Presentation Skills

- Trainer vs. Instructor
- Impromptu vs. Scheduled/Cert Topics
- Misunderstood Topics/Concepts
- Cultural Creators vs. Receivers
- How to sell your concept to your audience

Day 2 - Movement Analysis

- Outdoor Observations
- Gender (anatomical differences between Men and Woman)
- Age (Children vs. Adult)
- Vantage Points
- Flexion vs. Rotation (how to achieve each with the other)
- Description with Cause and Effect
- Ways to Provide Feedback
- Intrinsic vs. Extrinsic
- Feedback Relevant to Goal
 - Exam vs. Rider Improvement
 - Positive vs. Negative
- Instructor vs. Student Center Language (Tech Topics for them to Describe)
- Body to Board to Track in the snow
- Descriptions: Movements vs. Positions in relation to TID
- On the spot feedback for riders in group

Day 3 - Riding

- Specific Movements to Illustrate Technical Demos (Versatility)
- Movement Isolation Development Exercises (Develop exercises with partners)
- Power vs. Speed (Coordination)
- Range of movement exercises
- Timing exercises
- Managing fear in the park and pipe
- Walking the talk