



SNOWBOARD LEVEL 2 CERTIFICATION OVERVIEW

Snowboard Level 2 Certification is the second level of AASI certification, focused on intermediate snowboard instruction. At the Level 2, you're expected to demonstrate experience teaching intermediate level snowboarders, show a moderate level of knowledge of snowboard instruction concepts, and apply your knowledge and skill to situations on-snow and indoors.

The Level 2 exam is a three-day process, come prepared to ride all 3 days.

Pre-Requisites: AASI Level 1 Certification, 3day Level 2 Preview Clinics or CS1 plus 1 day Level 2 Preview Clinic, Pass (75%) Level 2 online test

SNOWBOARD LEVEL 2 CERTIFICATION STANDARDS

Movement Analysis Knowledge & Skill:

During the exam, you will provide movement analysis on-snow and indoors. You must clearly demonstrate that you are able to see the refined movements of an intermediate rider, present an organized and detailed description using non-judgmental terminology, and give accurate Cause & Effect relationships describing Body Movement to Board Performance to Turn/Trick Outcome. Prescriptions for change, using the Motor Learning Cycle, will also be required.

On-Snow: During your on-snow MA session, your examiner will choose an observation location, and some candidates will make laps while some stay to do MA. During your session, you will be one-on-one with the examiner watching riders coming down the hill. Your examiner will choose two riders for you to MA. For the first rider you will give a clean and concise cause and effect relationship. For the second rider, you will give a cause and effect relationship and a prescription for change using the 4 steps of the Motor Learning Cycle.

Indoors: Your group will watch a pre-recorded video and complete a written exam. The exam will be distributed, a student profile will be randomly selected and given, and the video will play for 30 minutes. After 30 minutes the video is turned off and you have an additional hour to complete the exam. The exam will be assessed for consistency of MA, Cause and Effect and relevancy of the Prescription for Change, using the Motor Learning Cycle, with the student profile given.

Pro Knowledge: Following the written exam, you will meet with your examiner so they can clarify anything they don't understand on your exam. They will also ask you two "Pro Knowledge" questions related to teaching, technical, or people skills.

Instruction Knowledge & Skill:

Teaching knowledge and experience will be evaluated based on your presentations and conversations with the evaluators. You must clearly demonstrate (through recall of past lessons) that you have taught approximately 100 students at the intermediate level, and that you have effective and accurate



knowledge of levels 5-7. You must demonstrate the use and understanding of teaching and learning concepts when leading the group or referring to past lessons. You must demonstrate appropriate class handling skills and safety awareness with intermediate groups.

Practical application and knowledge-based questions of teaching, riding, and movement analysis can be asked on the chair lift and/or in front of the group. The evaluator(s) will assign you a teaching task, you will have some time to think about the task and then you will be expected to present it to the rest of the group. The evaluator is not looking for "canned" presentations; rather for your ability to present interesting teaching situations and identify tactics to accommodate specific teaching/learning situations.

Level 2 Teaching Topics are assigned randomly and include but are not limited to:

- Intro to Carving
- Intro to Bumps
- Intro to Most-Flexed at Edge Change
- Intro to Switch
- Intro to Steeps
- Intro to Crud
- Intro to Trees
- Intro to Powder
- Intro to Jumps
- Intro to Boxes
- Intro to Halfpipe
- Intro to 180s

Your teaching topic will be randomly paired with a Board Performance (example: Intro to Carving with Tilt). You should *primarily focus* on the "Intro to" teaching topic with an *emphasis* on how to achieve that topic using *or reducing* your assigned board performance.

Your teaching topic will also be paired with a random student/group profile. The group will not be expected to act out this profile, but a Lesson/Action Plan and Motor Learning Cycle that is relevant to this student profile will score higher in consistency, than a Lesson/Action Plan that does not. Use multiple Teaching Styles (Direct and Indirect), cater to multiple Learning Styles and relevant Multiple Intelligences, and Introduce the Topic to those students/group.

The Motor Learning Cycle provides the framework for your teach:

- Static/Stationary: Define the topic and introduce movements and board performances needed in a stationary environment.
- Simple: Introduce exercises to build movements, board performance and skills needed. Focus on your assigned Board Performance – What is it and what movement options achieve or reduce it?
- Complex: Start blending movements, board performance and skills to achieve the topic.
- Freeride: Guide Practice through application. Facilitate feedback and mileage to master skills.

Riding Knowledge & Skill:

During the exam, you will be asked to ride several tasks in all types of terrain and conditions: green, blue, black, trees, glades, parks, and half pipe.

Refer to the assessment sheet and task chart for specific tasks that may be evaluated during exam day.



ROCKY MOUNTAIN

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Variations in movements and mechanics may be requested at the discretion of the evaluator. These could include changes in the type of flexion, extension, or rotation mechanics or in the Timing, Intensity, and Duration of those movements. Evaluators will provide specific descriptions of any task.

Demonstrations will consist of a series of turns for a distance that allows adequate performance.

The examiner could be watching your riding at any time during the exam. You may be given the opportunity to free ride during the exam; keep in mind this time is also part of the exam and can be used to demonstrate some of your personal style and terrain preferences. Environmental and snow conditions will be taken into consideration.

Whatever your riding style, no matter what equipment you've chosen to bring to the exam, be ready to make it work. From groomed to crud, in the pipe or on the racecourse, come ready to show us that you can adapt to any or all of these situations. Bring the equipment and skills that are capable of doing it all.