



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Freestyle Rocky Mountain Trainer

Process Overview:

The Freestyle Rocky Mountain Trainer (FSRMT) process verifies a candidate's ability to lead freestyle clinics. FSRMT candidates should be involved with their home mountains freestyle training program. The FSRMT includes opportunities for feedback from Freestyle Education Staff members and both online and on snow Assessments

Freestyle RMT Exam Prerequisites

- Alpine/Snowboard Freestyle Specialist 3
- Alpine/Snowboard Cert 3

Freestyle RMT Process

- Letter of Intent
- On-line Clinic leading Feedback
- On-line Assessment
- On Snow Assessment

Letter of Intent

To take part in the Freestyle RMT process you must submit a letter of intent to your discipline's Freestyle Committee Chair. The letter of intent should include the provided content in addition to any other information you deem relevant.

Letter of intent Content

- Why do you want to work towards achieving your Freestyle RMT
- How are you currently involved with Freestyle and Freestyle Training at your home mountain
- What are your long term career goals

On-line Clinic Leading Feedback

The on-line clinic leading feedback is not a scoring component of the FSRMT. It is in place to help prepare you for the on-snow exam.

After receiving your letter of intent you will be assigned a mentor. After completing a freestyle clinic at your home mountain, you will email your mentor a copy of the clinic outline, a detailed breakdown of the [Training by Objective](#) for the clinic, and a summary of your strengths during the clinic and opportunities for improvement. Honesty and

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transparency will greatly assist in preparing for the on snow portion of the FS RMT. Following your clinic leading submission, your mentor may recommend additional writings or activities for development such as:

- Writing clinic outlines
- Shadowing clinics
- Writing assignments
- Leading On-line Clinics

On-line Assessment

The on-line assessment consists of MA/technical and Clinic leading. During MA/technical, candidates will perform MA on video clips and demonstrate adjusting their MA content for different levels of understanding (FS1, FS2, FS3) During the clinic leading portion candidates will present a 5-10 minute presentation on how they would set up an objective statement and run an on snow clinic for a topic that is assigned to them.

Participating in the on snow assessment is dependent on passing the on-line assessment.

On Snow Assessment

The 1 day on snow exam consists of four scored sections that are outlined on the assessment form

- Movement Analysis/Technical
- Skiing/Riding
- Clinic Leading
- People Skills

Check in: 7:30 a.m. You will join the FS examiner morning meeting

You will work with FS1 candidates and an FS1 assessor/clinic leader on the first day of the FS1 process. The morning of the first day of the FS1 is a clinic for the candidates. You will be evaluated on your skills as a clinic leader, not as an examiner.

Results will be available at 4:45.