



ROCKY MOUNTAIN DIVISION

Professional Ski Instructors of America
American Association of Snowboard Instructors

Freestyle Rocky Mountain Trainer

Process Overview:

The Freestyle RMT process verifies a candidate's ability to lead freestyle clinics. Freestyle RMT candidates should be involved with their home mountains freestyle training program.

Freestyle RMT Exam Prerequisites

- Alpine/Snowboard Freestyle Specialist 3
- Alpine/Snowboard Cert 3

Freestyle RMT Exam Process

- Letter of Intent
- On-line Clinic Leading Feedback
- On Snow Exam

Letter of Intent

To take part in the Freestyle RMT process you must submit a letter of intent to your discipline's Freestyle Committee Chair. The letter of intent should include the provided content in addition to any other information you deem relevant.

Letter of intent Content

- Why do you want to work towards achieving your Freestyle RMT
- How are you currently involved with Freestyle and Freestyle Training at your home mountain
- What are your long term career goals

On-line Clinic Leading Feedback

The on-line clinic leading feedback is not a scoring component of the FSRMT. It is in place to help prepare you for the on-snow exam.

After receiving your letter of intent you will be assigned a mentor. After completing a freestyle clinic at your home mountain, you will email your mentor a copy of the clinic outline, a detailed breakdown of the [Training by Objective](#) for the clinic, and a summary of your strengths and weaknesses during the clinic and opportunities for improvement. Honesty and transparency will greatly assist in preparing for the on snow portion of the

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FS RMT. Following your clinic leading submission, your mentor may recommend additional writings or activities for development such as:

- Writing clinic outlines
- Shadowing clinics
- Writing assignments

On Snow Exam

The 2 day on snow exam consists of four scored sections:

- Movement Analysis/Technical
- Skiing/Riding
- Clinic Leading
- People Skills

Movement Analysis/Technical, Skiing/Riding, and People skills will be continuously evaluated during the two days on snow.

Day 1

Check in: 8:00 a.m.

You will present one prepared clinic that is approximately 30 mins and at least one impromptu clinic. You will be presenting to your peers on day 1. Be prepared to adjust content to different levels of freestyle knowledge and clinic durations when asked to. Skiing/Riding and MA tasks may be assigned if needed to sufficiently verify candidates ability.

Day 1 is a must pass to attend day 2. If you are invited to attend day 2, you will be briefed on what topics you will be presenting during day 2 at the end of day 1.

Day 2

Check in: 7:30 a.m. You will join the FS examiner morning meeting

You will work with FS1 candidates and an FS1 examiner/clinic leader on the first day of the FS1 process. The first day of the FS1 is a clinic for the participants. You will be evaluated on your skills as a clinic leader, not as an examiner.

Results will be available at 4:45.