



ROCKY MOUNTAIN

Title

Snowboarding 301 Clinic

Duration (Hours/CEUs)

1 or 2 days / 6 or 12 CEUs

Learning Connection Highlight

Technical Skills, Teaching Skills, People Skills

Course Description

This 1 or 2-day clinic is your opportunity to review information relative to the Level 3 exam across MA, Teaching, and Riding elements. These are participant driven sessions - come prepared with specific criteria you're looking to develop or seek feedback on!

Improve your riding skills and versatility with riding, coaching, and feedback. Level 3 riding activities may be used to develop skills while applying the tasks to a variety of terrain and conditions.

Preview the Level 3 movement analysis requirements as you prepare for certification. You will be given feedback where you currently stand in the national exam standard for movement analysis and the technical applications of teaching levels 8-9.

Explore the Level 3 teaching standards as you prepare for your Level 3 Instruction certification exam.

Recommended Preparatory Learning or Prerequisites

- Review Level 3 Assessment Forms
- Review Level 3 Performance Guide
- Comfortable on a variety of intermediate and advanced terrain.
- Participants should have experience working with advanced students and be actively training towards their Level 3 Certification.



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Prerequisite Course(s) and Skills

- Snowboard Level 2 Certification

Learning Outcomes

- Participants will gain a clearer picture of the movements and skills that can be developed to move towards attaining the Level 3 riding standard.
- Participants will gain a clearer picture of their ability to observe, describe and analyze board performance and body movements.
- Participants will gain a clearer picture of their ability to develop successful lessons utilizing progression building within the teaching model.

Learning Experiences

- The riding tasks used for riding feedback and improvement, movement analysis, and technical understanding practice sessions will be selected from the *National Riding Activity List*.
- Observe the clinic leader analyze riding performance of participants.
- Clinic Leader provides guided practice for participants analyzing riding performance of a peer performing a predetermined advanced-level riding task from the *National Riding Activity List*.
- Clinic leader provides guided practice for participants comparing their riding performance of a predetermined advanced-level riding task with the desired performance.
- Clinic leader may demonstrate building a teach from group observation.
- Clinic leader provides participants opportunities to assess peers and develop teaching segments.
- Discussions, reflections of analyses, and exploration of technical topics as needed.

Materials/Equipment needed

- Appropriate riding gear to be on snow both days
- Helmets are required