



PSIA-Rocky Mountain-AASI



Instruction 301

Discipline: Snowboard

Time: 2 day Credits 2

Setting: On snow

Course Description: This 2 day clinic will focus on delving deeper into the details of education and human skills to create great guest centered upper level lessons and manage challenging situations. We will explore in detail the teaching and learning concepts including learning styles, teaching styles, multiple intelligences and the CAP model. Use these concepts to effectively cater presentations and feedback to every guest in a group. Practice building effective task and skill progressions and organize successful lesson plans. Cultivate motivation and positive interaction with your guests while managing splits and class handling. This will be an interactive, participant driven clinic.

Prerequisite: AASI/PSIA membership, Snowboard Level 2 certified, comfortable on a variety of black terrain.

Course Objectives:

- Participants will develop a deeper understanding of teaching and learning concepts, how they fit into the lesson plan, and creative, effective ways to blend them to meet the needs of upper level guests and challenging situations.
- Participants will strengthen their soft skills in learning to evaluate guests and make a connection, cultivate motivation and provide a guest-centered lesson
- Participants will practice building effective task and skill progressions for upper level riders.
- Participants will expand proficiency in class handling to manage difficult situations including large groups, age and ability splits, social/emotional group dynamics, and class handling to keep lessons moving and successful.
- Participants will come away with a variety of new and creative, fun approaches to introducing and practicing new skills, as well as develop the skills to create those on the fly, rather than rely on a 'bag of tricks'

Sample Activities:

1. Ice breaker exercises to build rapport among the group and expose a variety of information useful for future exercises.
2. Play and drills exploring learning and teaching styles
3. Focused teaching segments with peer feedback

Materials Needed:

- Appropriate riding gear to be on snow both days
- Helmets are highly recommended