



**ROCKY MOUNTAIN DIVISION**  
Professional Ski Instructors of America  
American Association of Snowboard Instructors

## Freestyle Halfpipe Improvement

**Duration:** 1 or 2 days (6 or 12 CEUs)

### Course Description:

This medium to high intensity performance clinic explores the technical and tactical aspects of halfpipe and transition skiing/snowboarding for PSIA-AASI Level I certified instructors and above. We will explore the application of the fundamentals and more desirable board/ski performance and body performance in the halfpipe environment. This course builds on the foundational skillset of the FS1, which is recommended but not required. The halfpipe is an ideal setting to challenge snowboarders/skiers of varying ability in the same environment.

### Recommended Prerequisites:

- FS1

### Prerequisite Skills:

- Parallel skiing on black terrain/

### Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- Demonstrate and describe how Speed, POP and Spin are applied in the halfpipe.
- Align tactics and technique to take advantage of athleticism and board/ski performance in the halfpipe.
- Describe board/ski and body performances that lead to controlled runs in firm halfpipe conditions.
- Demonstrate how tactical choices can increase or decrease amplitude in the halfpipe.
- Describe how to set up safe learning environments in the halfpipe.

### Potential Learning Experiences:

- Explore the application of the fundamentals in the halfpipe and how to build fundamental based progressions both in the halfpipe and in other areas of the mountain.
- Shoot and review video and receive feedback relating to tactics, body performance and board/ski performance.
- Experiment using different tactics in the halfpipe and discuss what effect they had on amplitude
- Compare board/ski performance and body performance between skiing on the left and right walls of the halfpipe and which performance is more desirable.
- Explore tactics and progression steps in the halfpipe in order to try new tricks safely.