



**ROCKY MOUNTAIN DIVISION**  
Professional Ski Instructors of America  
American Association of Snowboard Instructors

# Freestyle Rocky Mountain Trainer

## Process Overview

The Freestyle Rocky Mountain Trainer (FSRMT) process verifies a candidate's ability to lead freestyle clinics. FSRMT candidates should be involved with their home mountains freestyle training program. The FSRMT includes opportunities for feedback from Freestyle Education Staff members and both online and on snow assessments

## Freestyle RMT Exam Prerequisites

- Alpine/Snowboard Freestyle Specialist 3
- Alpine/Snowboard Cert 3

**The Freestyle RMT Process has four steps that are outlined in this document.**

- Letter of Intent
- On-line Clinic leading Feedback
- On-line Assessment
- On Snow Assessment

## Letter of Intent

To take part in the Freestyle RMT process Candidates must submit a letter of intent to their discipline's Freestyle Committee Chair. The letter of intent should include the provided content in addition to any other information you deem relevant.

### Letter of intent Content

- Why do you want to work towards achieving your Freestyle RMT
- How are you currently involved with Freestyle and Freestyle Training at your home mountain
- What are your long term career goals

## On-line Clinic Leading Feedback

The on-line clinic leading feedback is not a scoring component of the FSRMT. It is in place to help prepare candidates for the assessment.

After receiving a letter of intent from a candidate they will be assigned a mentor from the freestyle education staff. After completing a freestyle clinic at their home mountain, candidates will email their mentor a copy of the clinic outline, a detailed breakdown of the [Training by Objective](#) for the clinic, and a summary of their strengths during the clinic and opportunities for improvement. Honesty and transparency will greatly assist in preparing for the assessment portion of the FSRMT. Following a candidate's clinic leading submission, their mentor may recommend additional writings or activities for development such as:

- Writing clinic outlines
- Shadowing clinics
- Writing assignments
- Leading On-line Clinics

## **On-line Assessment**

The on-line assessment consists of MA/technical and Clinic leading. During MA/technical, candidates will perform MA on video clips and demonstrate adjusting their MA content for different levels of understanding (FS1, FS2, and FS3). During the clinic leading portion candidates will present a 5-10 minute presentation on how they would set up an objective statement and run an on snow clinic for a topic that is assigned to them.

*Participating in the on snow assessment is dependent on passing the on-line assessment.*

## **On Snow Assessment**

The on snow exam takes place during the first day of an FS1. FSRMT candidates will work with FS1 candidates and the FS1 assessor/clinic leader. FSRMT candidates will be assessed on four skillsets:

- Movement Analysis/Technical
- Skiing/Riding
- Clinic Leading
- People Skills

FSRMT candidates are assessed on these skillsets as a clinic leader, not as an examiner.

Check in: 8:00 a.m. FSRMT Candidates will join the FS assessor morning meeting

Results for FSRMT will be available at 4:30.