

PSIA XC Trainer Movement Analysis & Technical Understanding ASSESSMENT FORM		Meets Standards	Does Not Meet Standards
Candidate:	<input type="text"/>	Assessment Scale for PSIA XC Trainer 1 Essential elements were not observed or not present. 2 Essential elements are beginning to appear. 3 Essential elements appear, but not with consistency. 4 Essential elements appear regularly at a satisfactory level. 5 Essential elements appear frequently, above required level. 6 Essential elements appear continuously, at a superior level.	
Date:	<input type="text"/>		
Location:	<input type="text"/>		
Assessor(s):	<input type="text"/>		
Auditor(s):	<input type="text"/>		

ASSESSMENT CRITERIA

Decisions & Behavior		Technical Understanding	
Professionalism and Self Management: Strengthens the professional environment by adapting to situations and other group members on behalf of themselves and their XC Center. (Continual Assessment)		Uses technical expertise to enhance clinic participants' knowledge; make technical, tactical, and/or equipment recommendations; and discuss the sport from various perspectives.	
Needs/Safety Monitors their own physical and emotional needs, adjusting to the needs of others in the group.		Understanding of Desired Performances Accurately identify and describe desired performances, using multiple XC fundamentals in blended relationships.	
Behavior Management Adapts behaviors in response to ambiguity, change, and/or challenges.		Understanding of Biomechanics/Physics Accurately use and describe relevant biomechanics and physics principles to describe skiing outcomes.	
Section Average: Must be 4 or above to meet Learning Outcome		Utilizes Resources Prioritizes information from multiple resources (PSIA XC and other relevant content) relative to the desired outcome for the skier's benefit.	
		Communication Descriptions and demonstrations aid in understanding for other participants.	
		Certification-Specific Analysis Differentiates and prioritizes technical information for each level of certification using any fundamental.	
		Section Average: Must be 4 or above to meet Learning Outcome	
		Comments	
Movement Analysis			
Demonstrates knowledge of the full Movement Analysis process to prepare certification candidates for assessments and/or enhance clinic participants' skiing.			
Describe Performance Accurately describes detailed ski and body performances to enhance skier's understanding.			
Cause-and-Effect Prioritizes skiing fundamentals and cause-and-effect relationships using any combination of skiing fundamentals for the benefit of the skier's understanding.			
Evaluate Comparison of observed performance to the intended specific outcome includes versatility, timing, power, tactics, and/or transitions, as needed.			
Prescription Prescribes specific changes to help the skier achieve their specific outcome and affect versatility, timing, power, tactics, and/or transitions, as needed.			
Equipment & Wax Identifies positive or negative effects of equipment on skier's performance towards desired outcomes.			
Section Average: Must be 4 or above to meet Learning Outcome			
Comments			

PSIA XC Trainer People & Clinic Leading ASSESSMENT FORM		Meets Standards	
Candidate:			
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Assessment:			
Assessor(s):			
Auditor(s):			

ASSESSMENT CRITERIA

Instructor Decisions & Behavior		Clinic Leading Skills	
Professionalism and Self Management: Strengthens the professional environment by adapting to situations and other group members on behalf of themselves and their XC Center. (Continual Assessment)		Assess & Plan: Plans learning experiences for the clinic participants based on learners' needs and, if applicable, the XC Center's needs.	
Needs/Safety Monitors their own physical and emotional needs, adjusting to the needs of others in the group.		Assess Continually assesses participants' motivations, performances, and understanding to adapt learning experiences and clinic plan.	
Behavior Management Adapts behaviors in response to ambiguity, change, and/or challenges.		Collaborate Creates a collaborative environment with clinic participants to establish a clinic plan for achieving the learning outcomes on the outline.	
Section Average: Must be 4 or above to meet Learning Outcome		Plan Lesson Plans creative, playful, and/or exploratory learning experiences that connect individuals' needs to the learning outcomes.	
Comments		Section Average: Must be 4 or above to meet Learning Outcome	
		Implement: Adapts learning experiences to meet the clinic participant's needs without sacrificing the XC Center's needs, if applicable.	
People Skills		Organize Tailor the learning environment to align participants' and PSIA-AASI's needs.	
Communication: Maintains 2-way communication with clinic participants on behalf of their XC Center. (Assessed when Teaching)		Descriptions, Demonstrations, Feedback Provide clear and relevant information that encourages understanding that can be used in ski lessons with the public.	
Communication Customizes verbal and non-verbal communication to support individuals and represent PSIA-AASI.		Risk Management Proactively manage physical and emotional risk to enhance professional growth in others.	
Active Listening Uses varied active listening tactics to support the individuals and represent PSIA-AASI.		Section Average: Must be 4 or above to meet Learning Outcome	
Feedback Delivery Adapts feedback delivery methods and timing to help participants engage with the clinic leader and represent PSIA-AASI.		Reflect/Review: Fosters the ability to recognize, reflect upon, and assess experiences to enhance understanding and apply what was learned.	
Section Average: Must be 4 or above to meet Learning Outcome		Pacing Customize and pace learning activities to allow participants to explore and/or play toward desired outcomes.	
Relationships with Others: Adapts to the interpersonal dynamics within the group as an ambassador of their XC Center. (Assessed when Teaching)		Describe Change Encourage the participants to communicate change in performance and/or understanding.	
Interaction Manage group dynamics to promote trust through positive relationships among individuals and PSIA-AASI.		Relate Change Collaborate with participants to apply gained skills to skiing situations.	
Motivations/Emotions Builds group consensus when possible.		Section Average: Must be 4 or above to meet Learning Outcome	
Section Average: Must be 4 or above to meet Learning Outcome		Comments	
Comments			

PSIA XC Trainer XC Skiing Performance ASSESSMENT FORM		Meets Standards Does Not Meet Standards		F needs formatting
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ASSESSMENT CRITERIA				
Decisions & Behavior		Skiing Performance		
Professionalism and Self Management: Strengthens the professional environment by adapting to situations and other group members on behalf of themselves and their XC Center. (Continual Assessment)		Adjusts and adapts the XC Fundamentals in both classic and skate technique at all speeds for various training needs including: inspiring participants, creating participant understanding, demonstrating versatility, integrating tactical choices, and problem solving.		
Needs/Safety Monitors their own physical and emotional needs, adjusting to the needs of others in the group.		Vary maneuvers, timing, power, and transitions as needed or prescribed to highlight tactical choices.		
Behavior Management Adapts behaviors in response to ambiguity, change, and/or challenges.		Integrate the XC Fundamentals through all uphill and downhill maneuvers as prescribed to highlight versatility.		
Section Average: Must be 4 or above to meet Learning Outcome		Adapt, blend, and isolate each of the XC Fundamentals and downhill change of speed and direction as prescribed to inspire, problem solve, and clarify participants' understanding.		
Comments		Section Average: Must be 4 or above to meet Learning Outcome		
		Assessment Activities Performed		
		Comments		