

Name _____

XC RMT candidates on hill scorecard



**ROCKY MOUNTAIN
DIVISION**

Your personal scorecard is yours to keep and is designed to help you monitor your progress and log your current understanding. Use this scorecard to write notes on feedback you have received from your clinic leaders/verifiers. At the end of the assessment you will receive little to no feedback on the scorecard...since we hope you have written down feedback as you receive it!!!! Please remember the Learner's Responsibility Code; **I am responsible for my own learning!**

Skiing

*Diagonal Stride
*Double Pole
*Kick Double Pole
Transitions
*V1 Skate
*V 2 Skate
*V 2 Alternate Skate
*Skate Turn
Basic Parallel Turns/Hockey Stops

Technical / MA

Advanced Ski Prep / Wax for Classic/ Skate Skis
Mastery application of XC technical model

Perform M.A. on Expert X-C Skier using RM MA format:

Describes all elements within all phases
Cause and Effect
Prescribes Ideal Change

XC RMT candidates to keep On Hill scorecard

Clinic Leading Topic 1 is

Masters application of the Teaching/learning cycle

Customizes Clinic to all Individual Motivations

Facilitates Instructor Development at Peer Level

Environmentally/emotionally safe lesson

Provides feedback which facilitates in-depth understanding

Creates highly stimulating learning environment

Clinic is technically accurate

Professionalism

Clinic Leading Topic 2 is

Masters application of the Teaching/learning cycle

Customizes Clinic to all Individual Motivations

Facilitates Instructor Development at Peer Level

Environmentally/emotionally safe lesson

Provides feedback which facilitates in-depth understanding

Creates highly stimulating learning environment

Clinic is technically accurate