



**PSIA-RM CROSS COUNTRY
CERTIFIED LEVEL 2
ASSESSMENT FORM**

Date _____ / _____ / _____

Candidate Name _____

Location _____

Examiners _____

Candidate's Workbook Completed: ___ Yes ___ No

Attained X-C Level 2 Certified

Did Not Attain X-C Level 2 Certified

Scoring Criteria for X-C Certified Level 2 :

- 1: Essential elements were not observed or not present.
- 2: Essential elements are beginning to appear.
- 3: Essential elements appear, but not with consistency.
- 4: Essential elements appear regularly at a satisfactory level.
- 5: Essential elements appear frequently, above required level.
- 6: Essential elements appear continuously, at a superior level.

Skiing Did Not Attain Level Attained Level

| | SCORE |
|------------------------------|-------|
| *Diagonal Stride _____ | _____ |
| *Double Pole _____ | _____ |
| Kick Double Pole _____ | _____ |
| *V 1 Skate _____ | _____ |
| V 2 Skate _____ | _____ |
| V 2 Alternate Skate _____ | _____ |
| *Wedge Turn _____ | _____ |
| *Downhill step turn _____ | _____ |
| Christie stem or wedge _____ | _____ |

***Must attain score of 4 for each critical maneuver to pass**

Overall Comments: _____

Teaching Did Not Attain Level Attained Level

| TEACHING TOPIC IS: _____ | SCORE |
|---|-------|
| Addresses Individual student Motivations _____ | _____ |
| Engages Students in a creative learning environment _____ | _____ |
| Presents Multi Learning/ Teaching Styles _____ | _____ |
| Environment / Emotional safe lesson _____ | _____ |
| Provides Feedback which facilitates student's understanding _____ | _____ |
| Lesson is technically accurate _____ | _____ |
| Professionalism _____ | _____ |

Overall Comments: _____

Technical / MA Did Not Attain Level Attained Level

| | SCORE |
|---|-------|
| Advanced Ski Prep / Wax for Classic/ Skate Skis _____ | _____ |
| Refined application of XC technical model _____ | _____ |
| Perform M.A. on Intermediate X-C Skier using RM MA format: | |
| Describes two elements within two phases _____ | _____ |
| Determines Cause and Effect _____ | _____ |
| Prescribes effective Change _____ | _____ |

Overall Comments: _____
