

## ***XC Level 2 Assessment Outline***

*Edited July/2020*

### ***Prerequisite:***

- XC Level 1 certification or Certified in Level 2 in another discipline. For details **go to** "Skipping Level 1 Certification and going directly to Level 2 Certification" document at: <https://www.psia-rm.org/education/cross-country/>
- Attend 1 of the following prerequisite courses:
  - Cross Country level 2 Prep
  - Cross Country Ski Improvement (must have XC Chairpersons approval)
- Complete the XC E-learning module "Delivering the beginner experience – Cross Country" at least 72 hours before the assessment. You can access the course at: <https://lms.thesnowpros.org/> (then log in using your username and password).

### ***Assessment Description:***

*You will receive a copy of the Level 2 assessment form at the beginning of your event. This assessment form is for you to keep, and for you to write down your personal feedback, as well as notes, thoughts, fresh insights, new cool teaching ideas, etc. Expect little to no written feedback on your assessment form that is filled out by your verifiers, since it is your responsibility for write down your personal feedback*

This assessment process will verify your teaching, personal skiing, and technical knowledge for both Classic and Skate, which will be *evaluated according to the PSIA National standards*. Please complete and turn in the Level 2 workbook on the first morning of the assessment. The Level 2 Workbook and National Standards can be downloaded at <https://www.psia-rm.org/education/cross-country/>

### ***Assessment Criteria***

- Assessment is based on the PSIA Level 2 assessment form. The assessment form can be downloaded at: <https://www.psia-rm.org/education/cross-country/>

### ***Assessment Activities:***

- Candidates will demonstrate many to all tasks and techniques listed in the Level 2 assessment form.
- Candidates will teach intermediate level lessons applying the criteria listed on the Level 2 assessment form. Candidates will incorporate the skiers' responsibility code in their teaching.



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- Candidates will demonstrate technical knowledge, including Movement Analysis on video and possibly MA on skiers on snow. The candidate will be asked to incorporate the criteria listed under technical on the Level 2 assessment form, and in the format described in the “MA format for XC Level 2 exam Selection”. This Document can be downloaded at: <https://www.psia-rm.org/education/cross-country/>

***Materials Needed:***

- Classic and skate skis, boots, poles, and appropriate wax for groomed tracks
- Completed Level 2 Workbook by first morning of the exam