

Name _____
XC Level 2 candidates On I



**ROCKY MOUNTAIN
DIVISION**

Your personal scorecard is yours to keep and is designed to help you monitor your progress and log your current understanding. Use this scorecard to write notes on feedback you have received from your clinic leaders/verifiers. At the end of the assessment you will receive little to no feedback on the scorecard....since we hope you have written down feedback as you receive it!!!! Please remember the Learner's Responsibility Code; I am responsible for my own learning!

Skiing

*Diagonal Stride
Double Pole
Kick Double Pole
*V1 Skate
V2 Skate
V2 Alternate Skate
*Wedge Turn
*Downhill Step Turn
Christie Stem or Wedge

Technical / MA

Advanced Ski Prep / Wax for Classic/ Skate Skis
Refined application of XC technical model

Perform M.A. on Intermediate X-C Skier using RM MA format:

Describes two elements within two phases
Determines Cause and Effect
Prescribes effective Change

XC Level 2 candidates On Hill scorecard

Teaching Topic 1 is:

Addresses Individual Student Motivations

Engages Students in a creative learning environment

Presents Multi Learning/ Teaching Styles

Environment / Emotional safe lesson

Provides Feedback which facilitates student's understanding

Lesson is technically accurate

Professionalism

Teaching Topic 2 is

Addresses Individual Student Motivations

Engages Students in a creative learning environment

Presents Multi Learning/ Teaching Styles

Environment / Emotional safe lesson

Provides Feedback which facilitates student's understanding

Lesson is technically accurate

Professionalism