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*Cross Country Sit Ski Clinic: Experience, Instruct, and Inspire at PSIA Rendezvous Ski Instructors Festival*

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Join us at the PSIA Rendezvous Ski Instructors Festival for an insightful clinic on cross country sit skiing. Led by Jon Kreamelmeyer, former Head Coach of the U.S. Paralympic Nordic Skiing Team, and Marcin Wiesiolek, Head Coach of Colorado Mesa University Skiing & Biathlon, this clinic offers hands-on learning and teaching adaptations. As a sit skier himself, Jon Kreamelmeyer brings a unique perspective to the clinic.

During the clinic, you'll explore the fundamentals of sit skiing skills and techniques, and learn how to adapt your teaching skills to meet the specific needs of sit skiers. Your clinic leaders will guide you through exercises and drills emphasizing balance, coordination, and fluidity of movement.

This clinic is a unique opportunity for hands-on learning. Paired with a buddy, you'll take turns as the sit skier and instructor, fostering camaraderie and deepening your teaching approach. You'll take turns as the sit skier and the instructor, gaining a deeper understanding of the challenges and sensations involved. The buddy system fosters a supportive and collaborative environment. As an instructor, you'll guide and empower your buddy through basic progressions. As a sit skier, you'll receive personalized instruction tailored to your needs and skill level. Through this role reversal, everyone fully engages in the learning process, gaining a well-rounded understanding of teaching cross country sit skiing. This interactive and inclusive approach builds camaraderie, trust, and emphasizes a student-centered teaching approach.

This clinic isn't just about sit skiing – it's an opportunity to expand your teaching repertoire, applicable to all students, regardless of their abilities. You'll enhance your teaching competency and gain universal skills to enrich your teaching across various scenarios. Don't miss this chance to grow professionally and inclusively at the PSIA Rendezvous.