

Children's Rocky Mountain Trainer (CRMT)

Learning Outcomes & Assessment Criteria

DAY 1

MOVEMENT & TECHNICAL ANALYSIS

Identifies technical knowledge of CAP Model concepts within participants, verifies accuracy, and expands understanding appropriately through the lens of prescriptive analysis and Children's Specialist Learning Objectives.

CAP Model Concepts

Identifies and verifies participants' observations of distinct stages of cognitive, affective and physical growth, including psychomotor development, for children and adults, relative to snowsports.

Biomechanics & Fundamental Relationships

Identifies, verifies, and enhances participants' demonstrated understanding of biomechanics, children's equipment options, and ability to link body movements to multiple fundamentals in all turn phases or cross-country skills.

Prescriptions

Identifies, verifies, and enhances participants' prescriptions for change, using a clear understanding of the pathway from Real to Ideal.

Audience

Scales depth of knowledge appropriately to audience through understanding of CS1 and CS2 Learning Objectives.

DAY 2

CLINIC LEADING SKILLS

Uses information gathered from participants to shape relevant group-focused learning experiences that have developmentally realistic outcomes.

Training Objectives

Identifies and summarizes motivations and expectations of participants to determine common themes.

Learning Experiences

Facilitates creative, exploratory, and developmentally appropriate learning experiences focused on training objective.

Diversity of Activities

Demonstrates productive use of discussion, movement, and application time that enhances the participant's learning experience.

Terrain & Skill Choices

Chooses appropriate terrain and/or skill for the group based on focus of the clinic.

Physical & Emotional Risk

Manages physical and emotional risk while promoting engagement in the learning environment.

Reflect & Review

Reflects with each participant, discusses their outcomes, reviews the learning experience, and plans for future growth.

DAY 1

TECHNICAL DEVELOPMENT & FACILITATION

Creates and navigates an indoor learning environment wherein participants may effectively develop through engaging, interactive, and collaborative learning experience

Participant Centered Learning

Facilitates a collaborative indoor learning experience, reflective of participant needs, that elevates understanding of the group as a whole.

Resource & Tool Use

Uses educational tools, such as video equipment and handouts, effectively to guide participant performance towards a greater understanding of CAP Model content.

Technical Accuracy

Facilitates effective learning through the demonstrated use of accurate and comprehensive CAP Model knowledge.

DAYS 1 & 2

INSTRUCTOR DECISIONS & BEHAVIOR

Maintains a professional environment by demonstrating self-awareness and self-management. (Continual Assessment)

Needs & Safety

Addresses group and individual safety and physiological needs.

Behavior Management

Exhibits positive behavior in response to feedback.

DAY 2

PEOPLE SKILLS

Communication & Relationship Management

Engages in developmentally appropriate communication and manages intrapersonal and interpersonal situations to meet each participant's needs and the group's needs.

Cognitive Appropriate Communication

Blend verbal and non-verbal communications to meet the cognitive level of each participant in the group and the group as a whole.

Social & Emotional Communication

Blend verbal and non-verbal communications to meet the social and emotional level of each participant in the group and the group as a whole.

Emotional Responses

Identifies and responds to participant's emotional responses to events throughout the clinic.

Social Interactions

Identifies and responds to participant's social interactions throughout the clinic.