

Children's Rocky Mountain Trainer (CRMT) Assessment Overview

Introduction

This document outlines the Daily Schedule for the Assessment, details about the Learning Outcomes, Assessment Criteria, and Sample Assessment Activities.

This assessment is designed to verify a candidate's ability to develop and lead children's clinics and prepare instructors for CS1 and CS2. Candidates will be asked to lead multi-discipline on snow clinics, demonstrate level appropriate children's movement analysis, and lead indoor/online presentations. Clinic leading and presentations will focus on experiential learning using creative and movement-based learning activities to share knowledge.

The CRMT assessment includes a workbook, which will need to be completed prior to attending the on-snow event. You will be asked to submit the workbook via email in advance and examiners will choose one of the clinic outlines from the workbook for the candidate to lead.

The CRMT is a two-day event with each day being assessed separately. Therefore, a candidate may achieve a partial pass. You must attend both days consecutively if this is your first time attending the CRMT assessment.

Day 1: Movement Analysis, Technical Development & Facilitations – Held over ZOOM

Day 2: Clinic Leading & People Skills – On Snow

Participants need to demonstrate understanding of the Learning Outcomes in teaching and people skills, movement analysis, and technical application. Participants are evaluated on their knowledge and versatility in training to developmental stages and earn Children's Rocky Mountain Trainer (CRMT) upon successful completion of the CRMT workbook and the 2-day event.

Evaluations of those taking the CRMT assessment reflect the participants' knowledge of training instructors. Successful completion of the assessment grants professional recognition to an instructor for their education, experience, and expertise in training instructors on how to better teach snowsports to children. This is a multi-discipline event with the likelihood of mixed groups (alpine, snowboard and telemark participants). Participants whose performance demonstrates adequate knowledge and skill will receive a certificate to recognize their expertise as a Children's Rocky Mountain Trainer (CRMT).

CRMT examiners assess candidates' ability to evaluate information from their peers to create appropriate learning experiences in each module of the two-day event. Active participation is essential for the full event. Candidate performance for each module is documented on the assessment form. If a candidate is unsuccessful at attaining any module of the CRMT, that module (day) will need to be retaken.

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The presence of COVID-19 in our communities this season presents a challenge to facilitating assessment events. Restrictions put in place by host resorts or public health agencies may require modification to the assessment activities. Although you may be asked to demonstrate your knowledge in a way that is different than in previous events, standards for the assessment remain the same. Information about modification to the CRMT process will be communicated to participants as promptly as possible.

Prerequisites:

- Current PSIA-AASI Level 3 Certified (alpine, snowboard or telemark) or foreign equivalent.
- Children's Specialist 2
- 401 On Snow Children's Clinic Leading
- CRMT Workbook Completion
- 25 Hours of Clinic Leading at your Home Resort (Verified by Training Manager or Director)
- Current on Dues & Credit Hours
- RECOMMENDED, but not Prerequisite: 401 Online Children's Clinic Leading

Preparing for CRMT

To achieve CRMT, a candidate needs to take the time to study and develop knowledge in other instructors about the "whole student" from the age of 3 through teenage years. Candidates will be expected to readily share knowledge about students of various ages and stages of development.

If you specialize in one age range or ability, be sure to train and gather knowledge in all ages and ability ranges, including teenagers, and advanced skiers and riders.

In addition to leading Children's focus clinics on snow and indoors at your home resorts, it is highly recommended that CRMT candidates audit children's training led by other trainers to prepare for this assessment of developmental knowledge, application, evaluation, and synthesis. This is especially important for candidates that are accustomed to leading training oriented towards certification training or general instructional improvement.

It is helpful to gain knowledge from reading the books and materials listed in reference materials. Without prior practical experience leading children's clinics, candidates may not be able to fulfill requirements needed to meet the CRMT Standards.

Candidates need to develop movement and technical analysis skills with clinic participants of various abilities. Practice movement and technical analysis watching children in videos or when riding a chair lift. Use non-judgmental terminology to present information in a clear, concise, and organized manner.

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CRMT Workbook

The workbook is a valuable tool that candidates must complete before attending CRMT. Allow yourself plenty of time to complete the workbook and absorb the learned information. We recommend you type your answers and save a copy. [Click here to access the workbook.](#)

This workbook is a training tool and provides an environment for active learning. Through seeing, writing, and doing you will gain more ownership of the content and your ability to teach the concepts.

This workbook was developed for the children's snow sport trainer. Whether you teach Alpine Skiing, Snowboarding, or Nordic, this will lead you to a deeper understanding of human development and how it relates to teaching children in the snow sports industry.

The workbook is to be used as a study guide to prepare you for the evaluation process. It is important to not only find the answers to the questions, but to also create avenues to share the information with your peers. It is imperative to integrate these concepts and outlines into your training, so the conceptual ideas become real actions.

Come to the assessment with prepared clinics for each topic, to be led either indoor (approximately 10-15 minutes) or on snow (40-60 minutes). Participants may be asked to lead the group with an impromptu topic as well, which may include movement analysis.

Assessment Groups

The RM Office and Exam Manager will lead a scheduled Examiner meeting to determine group assignments, terrain, and meeting locations for the event. Each group will have a maximum of 6 Candidates and two Examiners. Groups may include an assigned auditor. The Exam Manager pre-assigns all groups and verifies any changes.

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Learning Outcomes & Assessment Criteria

A successful CRMT candidate must achieve the following Learning Outcomes to pass the CRMT Assessment.

PEOPLE SKILLS

Communication & Relationship Management

A CRMT engages in developmentally appropriate communication and manages intrapersonal and interpersonal situations to meet each participant's needs and the group's needs.

CLINIC LEADING SKILLS

Teaching Competency & Delivery Experience

A CRMT uses information gathered from participants to shape relevant group- focused learning experiences that have developmentally realistic outcomes.

TECHNICAL SKILLS

Movement & Technical Analysis

A CRMT identifies technical knowledge of CAP Model concepts within participants, verifies accuracy, and expands understanding appropriately through the lens of prescriptive analysis and Children's Specialist Learning Objectives.

Technical Development & Facilitation

A CRMT creates and navigates an indoor learning environment wherein participants may effectively develop through engaging, interactive, and collaborative learning experience

INSTRUCTOR DECISIONS & BEHAVIOR

Professionalism & Self-Management

A CRMT maintains a professional environment by demonstrating self-awareness and self-management.

Candidates' teaching knowledge and experience will be evaluated based on peer-to-peer teaching presentations and conversations with the examiners. Successful candidates will clearly demonstrate their experience training instructors with effective and accurate knowledge of CAP Model concepts. Candidates will demonstrate the use and understanding of clinic leading, people, and technical concepts when leading the group and will demonstrate appropriate group handling skills and safety awareness with their group. Detailed information about each Learning Outcome, including Assessment Criteria are available on Rocky Mountain's website at Education > Children's Specialist > Education Materials.

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Daily Schedule of Assessment Activities

Professionalism & Self-Management will be assessed from the beginning of the day at check-in through the entire event. Interactions with examiners, other candidates, resort employees, and resort guests are all reflective of the candidate's performance. This observation period includes time set aside for follow-up questions or interviews with examiners after observed interactions with others.

The time schedule below is a guide and may be adjusted at the event.

Day 1 – Indoor, Held Over ZOOM

- 8:30 AM** Check In - Sign in to ZOOM Room
Examiners will be introduced, groups announced, and Examiners will explain the two days.
- 9:00 - 1:00 PM** Candidates will be asked to observe a peer who is giving a CS2 Video/Technical Demonstration.
- Candidate who is giving the demo is not being scored.
- Candidate who is observing will then give feedback to candidate who gave a demo and identify technical knowledge of CAP Model concepts, verify accuracy, and expand understanding appropriately through the lens of prescriptive analysis and Children's Specialist Learning Objectives.
- 1:00 – 1:15 PM** Candidates will be assigned an afternoon indoor clinic topic.
- 2:00 – 4:00 PM** Lead a 15 min indoor/online children's training clinic

Day 2 – On Snow

- 8:00 – 8:30 AM** Check In & Hand Out Lift Tickets
- 9:00 – 3:00 PM** Candidates will Lead an On Snow Clinic (40-60 minutes, based on size of group)
- Examiners may ask the candidate to lead a prepared clinic from their workbook at any time during the selection.
- Examiners may include other assessment activities.

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Reference & Recommended Materials

PRINTED REFERENCE MATERIALS

- PSIA-AASI Teaching Children Snowsports (2021)
- PSIA-AASI Children's Instruction Manual, 2nd Edition (2008)
- PSIA-AASI Teaching Snowsports Manual (2018)

REFERENCE MATERIALS AVAILABLE ON PSIA-RM.ORG

- Assessment Form
- Children's Movement Patterns – Real v Ideal
- Movement Analysis Practice Sheet
- Goal Worksheet
- National Certification Standards for CS1 & CS2
- Performance Guide for CS1 & CS2

RECOMMENDED MATERIALS TO BRING TO ASSESSMENT

- Handouts and/or Props