

PSIA



AASI

ROCKY MOUNTAIN DIVISION

Professional Ski Instructors of America
American Association of Snowboard Instructors

401 On Snow Children's Clinic

Time: 2 days

Setting: On Snow

Course Description:

This course is designed for Children's Rocky Mountain Trainer candidates and resort children's trainers. An overview of the skill sets required to become an RM Trainer will be covered as participants complete exercises and activities. Multi-discipline groups will participate in objective building, on snow clinic leading, movement analysis, indoor presentations, and technical knowledge development. Insight to RM Children's products and preparing candidates for Children Specialists will be a common theme throughout the two days. Clinic leading and presentations will focus on experiential learning using creative, movement based learning activities and experiences to share knowledge.

Prerequisites:

Current L3 certification (Alpine, Snowboard or Telemark) Children's Specialist 2
RMT workbook completion

Objectives:

- Participants will lead on snow children's clinics, demonstrating experiential clinic leading and accurate technical information. (Cognitive, Affective & Psycho-motor)
- Participants will involve and engage the audience with indoor presentations to create an open learning environment. (Affective)
- Participants will demonstrate active & creative Movement Analysis coaching (Cognitive, Affective)
- Participants will demonstrate a basic understanding of Objective Based Training by turning in an objective with ABCDE components with each presentation. (Cognitive)

Sample Activities: (but not limited to)

- Observe and evaluate a clinic
- Demonstrate a CS1 or CS2 teaching scenario
- Lead an on snow clinic on one of the learning or maturation theories.
- Lead on snow or indoor MA practice
- Deliver an indoor presentation
- Create objectives for learning

Materials:

1. Children's Instruction Manual, PSIA
2. Core Concepts for Snowsports Instructors, PSIA publication 2001
3. Child Centered Skiing, Peterson, Bode, Workman, PSIA 1988 (out of print)
4. ATS Child Development, Smith-Boucher, Alexandra, PSIA (out of print)
5. Technical Skills for Alpine Skiing, Post-Foster, Ellen, Turning Point Ski Foundation.
6. Vail/Beaver Creek Children's Alpine Teaching Handbook, Vail Resorts, available through PSIA National Website.
7. The Complete Encyclopedia of Skiing, Barnes, Bob, Snowline Press 1999
8. PSIA-RM Children's Knee High Knowledge Handout, available online, PSIA-RM website under Children's materials.
9. Captain Zembo's Ski & Snowboard Teaching Guide for Kids, Alderson, John, PSIA 1996
10. Captain Zembo's Ski Teaching Guide for Kid's, Alderson, John, PSIA1983
11. ***Any Information relating to Parks and Pipes!
12. ***Common Sense as a Resource!

OTHER NON-SKI RELATED PUBLICATIONS

1. In Their Own Way: Discovering and Encouraging Your Child's Personal Learning Styles, Armstrong, Thomas; Marcher, J.P.
 - Park and Pipe Instructor's Guide, PSIA Publication 2005
2. Coaching Young Athletes, Martin, Christina, Harvey Sharkey, Human Kinetics, Inc.
3. A Kick in the Seat of the Pants, Von Oech, Roger, Harper Perennial 1986
4. Frames of Mind, Gardner, Howard, Basic Books 1983