

**PSIA**



**AASI**

**ROCKY MOUNTAIN DIVISION**

Professional Ski Instructors of America  
American Association of Snowboard Instructors

## **401 Online Children's Clinic**

**Time:** 2 x 90-minute online sessions

**Setting:** Online via Zoom

### **Course Description:**

This course is designed for Children's Rocky Mountain Trainer candidates and resort children's trainers. An overview of the skill sets required to become an RM Trainer will be covered as participants complete exercises and activities. Multi-discipline groups will participate in objective building, online clinic leading, movement analysis, indoor presentations, and technical knowledge development. Insight to RM Children's products and preparing candidates for Children's Specialists will be a common theme throughout the two online sessions. Clinic leading and presentations will focus on experiential learning using creative learning activities and experiences to share knowledge.

Please note: The CRMT assessment may include indoor and/or online components for movement analysis and presentations. CRMT participants will be notified in advance.

### **Prerequisites:**

Current L3 certification (Alpine, Snowboard or Telemark)

Children's Specialist 2

RMT workbook completion

### **Objectives:**

- Participants will lead online children's clinics, demonstrating experiential clinic leading and accurate technical information. (Cognitive, Affective & Psycho-motor)
- Participants will involve and engage the audience with online presentations to create an open learning environment. (Affective)
- Participants will demonstrate active & creative Movement Analysis coaching (Cognitive, Affective)

- Participants will demonstrate a basic understanding of Objective Based Training by turning in an objective with ABCDE components with each presentation. (Cognitive)

**Sample Activities:** (but not limited to)

- Observe, evaluate and demonstrate a Children's Specialist Movement Analysis presentation (CS1 and/ or CS2 level)
- Prepare and submit a clinic outline including training objective(s)
- Observe, evaluate and deliver an online clinic on a learning theory or child development model
- Lead an online MA practice/ training session
- Discuss CS1 and CS2 process, and create training activities to support candidates preparing for these assessments

**Materials:**

1. Teaching Children Snowsports Manual, 2021
2. Children's Instruction Manual, PSIA
3. Core Concepts for Snowsports Instructors, PSIA publication 2001
4. Child Centered Skiing, Peterson, Bode, Workman, PSIA 1988 (out of print)
5. ATS Child Development, Smith-Boucher, Alexandra, PSIA (out of print)
5. Technical Skills for Alpine Skiing, Post-Foster, Ellen, Turning Point Ski Foundation.
6. Vail/Beaver Creek Children's Alpine Teaching Handbook, Vail Resorts, available through PSIA National Website.
7. The Complete Encyclopedia of Skiing, Barnes, Bob, Snowline Press 1999
8. PSIA-RM Children's Knee High Knowledge Handout, available online, PSIA-RM website under Children's materials.
9. Captain Zembo's Ski & Snowboard Teaching Guide for Kids, Alderson, John, PSIA 1996
10. Captain Zembo's Ski Teaching Guide for Kid's, Alderson, John, PSIA1983
11. \*\*\*Any Information relating to Parks and Pipes!
12. \*\*\*Common Sense as a Resource!

NON-SKI RELATED PUBLICATIONS

1. In Their Own Way: Discovering and Encouraging Your Child's Personal
2. Park and Pipe Instructor's Guide, PSIA Publication 2005
3. Learning Styles, Armstrong, Thomas; Marcher, J.P.

4. Coaching Young Athletes, Martin, Christina, Harvey Sharkey, Human Kinetics, Inc.
5. A Kick in the Seat of the Pants, Von Oech, Roger, Harper Perennial 1986
6. Frames of Mind, Gardner, Howard, Basic Books 1983