

401 Children's Clinic Leading On Snow & Indoor

Discipline: Children's Specialist (Multi-Discipline)

Duration: 2 Day (12 CEUs)

Setting: Indoors & On-Snow, Using all available terrain, Green to Black

Course Description:

This two-day course is designed to introduce an overview, through exercises and activities, of skills required to become an RM Children's Trainer in both indoor and outdoor settings. Day one takes place on snow and explores objective building, assessing participant knowledge, on snow clinic leading, movement/technical analysis, and technical knowledge development. Clinic leading and presentations focus on experiential learning using creative, movement-based learning activities and experiences to share knowledge. Insight into Children's educational clinics and assessments equip participants to better prepare CS candidates. Day two focuses on an indoor skill set needed to successfully train multilevel and multi discipline groups of CS candidates. Participants practice creating outlines, delivering indoor clinics, and using assessment tools, such as the Performance Guide and National Standards, for clinic design and strategy implementation strategies at different levels of understanding.

Prerequisite Courses:

- Level 3 Certification (Alpine, Snowboard, or Telemark)
- Children's Specialist 2
- RMT Workbook Completed (Recommended)

Knowledge & Experience Expectations:

Participants are able to:

- ski/ride the mountain in most conditions
- share with the group understanding and knowledge regarding the CAP model
- reflect upon past teaching and learning experiences
- embrace an open mind towards creativity

Course Objectives:

Participants will:

- observe and evaluate a short children's clinic led by the facilitator
- demonstrate a CS1 or CS2 teaching scenario and evaluate using Performance Guide or Standards
- lead an on snow clinic on a CAP Model concept and receive performance feedback
- practice leading a movement and technical analysis learning experience
- create objectives for learning and build clinic outlines
- define objectives, outcomes, and how we use them to design an effective clinic
- practice identifying, verifying, and enhancing components of the CAP Model and increasing different levels of candidates' knowledge in an indoor environment

Potential Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- lead on snow children's clinics, demonstrate experiential clinic leading, and demonstrate accurate technical information
- demonstrate active and creative movement and technical analysis coaching
- create objectives using the ABCDE format and demonstrate understanding of objective-based training

Materials Recommended:

- PSIA-AASI Teaching Children Snowsports (2021)
- PSIA-AASI Children's Instruction Manual, 2nd Edition (2008)
- PSIA-AASI Teaching Snowsports Manual (2018)
- Handouts and/or Props

All Education Materials including:

- Children's Specialist Assessment Forms
- Children's Specialist National Certification Standards
- Children's Specialist Performance Guide
- Movement & Technical Analysis Assessment Worksheet (2024)
- CS Clinic Outlines
- Legacy Movement Analysis Practice Sheet
- Legacy CS2 Goal Worksheet