

Skill Based Play

Discipline: Children's Specialist (Multi-Discipline)

Duration: 2 Day (12 CEUs)

Setting: On-Snow, Using all available terrain, Green to Black

Course Description:

Improve your teaching skills and your own sense of play and adventure on the mountain in this two day clinic. Participants explore a deep application of the CAP Model to create activities, exercises, and experiences on snow to help students become more skillful skiers and riders. This clinic explores skills from the beginner through the advanced zone, and through a variety of student ages. Understand what play means to different learners and how to integrate the concept of play into lesson progressions.

Prerequisite Courses:

- Level 1 Certification

Knowledge & Experience Expectations:

Participants are able to:

- ski/ride the mountain in most conditions
- share understanding and knowledge with the group regarding the CAP Model
- embrace an open mind towards using props and creativity

Course Objectives:

Participants will:

- explore how to develop unique and creative skill-based activities
- experiment with playful exercises that enhance skill application in various terrain and conditions
- develop age-appropriate experiences for learning and skill enhancement
- establish accuracy in understanding skill based play

Potential Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- improve teaching skills through integration of play throughout a variety of skill level and abilities
- better engage students by applying an understanding of skill development to create learning activities
- demonstrate personal application of fundamental movements through the playful experience

Materials Recommended:

- PSIA-AASI Teaching Children's Snowsports Manual