

PSIA



AASI

ROCKY MOUNTAIN DIVISION

Professional Ski Instructors of America
American Association of Snowboard Instructors

Skill Based Play

Discipline: Children's/ Multi Discipline

Duration/ CEU's: 2 Days, 12CEU's

Setting: On snow using all available skiing terrain: green to black

Event Description:

Improve your teaching skills and your own sense of play and adventure on the mountain in this two day clinic. Groups will explore a deep application of the CAP model to create activities, exercises and experiences on snow to help students become more skillful skiers and riders. This clinic will move through the advanced zone skills and through many ages of students. Learn how to bring the concept of playing through progression into your lessons. Understand what it takes to keep young students skiing and riding.

Recommended Prerequisite Courses: Level 1 certification

Prerequisite skills and knowledge:

- Participants can ski/ride the mountain in most conditions
- Participants can share understanding and knowledge with the group regarding the CAP model
- Participants embrace an open mind towards creativity

Course Objectives:

- Participants will improve teaching skills through the experience, participation and feedback
- Participants will gain a deeper understanding of skill development through engaging activity
- Participants will strengthen their own fundamental movements through the process of the clinic

Sample Activities:

- Explore how to develop unique and creative skill based activities
- Play and experiment with exercises to enhance skill application in various terrain and conditions
- Develop age appropriate experiences for learning and skill enhancement
- Establish accuracy in understanding skill based play