

# “KINDERBOARDER” Program Clinic

**Discipline\_ Children’s**  
**Category\_**  
**Indoor/On Snow**

## ***Course Description:***

This course is designed for ski and snowboard school directors, managers and supervisors who are interested in creating a snowboard program for 3–6 year olds. Terrain will be one key for success and the clinic will take participants on the types of beginner and intermediate terrain that will likely differ from the adjacent ski program. Ability to snowboard is encouraged, not required, however a basic understanding of reference alignments and board performance concepts is essential to understanding the needs of the students.

***Main Goal:*** To understand the mindset, mechanics and equipment needed to put together a successful “kinderboarder” program

## ***Course Outcomes to meet goal:***

- Participants will be able to use the CAP model to identify what the young snowboarders’ needs are and apply that to developing their program
- Participants will be able to identify the equipment, the terrain choices, size and duration of classes and proper utilization of instructors to provide a successful product.
- Participants will complete the clinic with an understanding of how to put together a young snowboarder program and the feasibility of creating such program at their home mountains.

## ***Sample Activities:***

- Role playing out sample teaching progressions for skiers and snowboarders to determine the similarities and differences

- Overview of equipment—boards, boots, bindings, gloves, goggles, etc. And their role in a successful class
- Exercises demonstrating the performance of the snowboard and the physical abilities of the student to create that performance

***Materials Needed:***

- Any materials describing the adjacent products participants provide for young skiers.