

## ROCKY MOUNTAIN DIVISION

Professional Ski Instructors of America

American Association of Snowboard Instructors

## **Elevating Lessons through Props and Terrain**

**Discipline:** Children (multi-discipline) **Time:** 1 Day (Credit hours: 6)

**Setting:** On snow, using all available terrain, green to black

#### **Course Description:**

Elevate your instruction with this comprehensive clinic on using props and terrain to create a dynamic and effective learning environment. This course is designed for instructors seeking to innovate and engage their students, this clinic delves into the power of incorporating instructional props and varied terrain into your lesson.

Throughout this clinic, you'll explore the multifaceted benefits of integrating props and terrain, gaining a deep understanding of how these elements can significantly enhance your teaching approach. Learn how to utilize props to provide visual and tactile aids, facilitate muscle memory development, and simplify complex concepts. Discover the strategic advantages of teaching on diverse terrain, offering scenarios and progressive skill adaptation.

Safety is paramount, and we'll equip you with the knowledge to address potential challenges while ensuring participant safety. Explore how to adapt instruction for diverse learners, from different age groups to varying physical conditions. By the end of this clinic, you'll possess the tools and confidence to create engaging and impactful lessons that empower your students to excel on the slopes.

**Recommended Prerequisites**: Level 1 Certification

# Prerequisite Skills & Knowledge:

- Participants are able to ski or ride the mountain in most conditions
- Participants are able to reflect upon past teaching and learning experiences.
- Participants are able to embrace an open mind towards using props and creativity.

## **Course Outcomes:**

- Recognize the value of incorporating props and varied terrain to create engaging and effective lessons.
- Articulate the benefits of using props for visual and tactile learning enhancement.
- Demonstrate proficiency with instructional props.
- Leverage terrain for skill development.
- Prioritize safety and adaptability.

### Sample Activities:

• Prop exploration: participants rotate through using different props and experience how each prop enhances learning, and discuss potential use in lessons.

- Visual vs. Prop-aided demonstration: In pairs, one instructor demonstrates a technique visually, while the other uses a prop to provide tactical cues. They compare the effectiveness of both approaches.
- Terrain scavenger hunt: Participants explore to identify suitable spots for teaching specific skills. Discuss the instructional potential of each terrain feature.
- Skill progression simulation: in pairs, with one instructor guiding the other using visual props and terrain variations (cones, markers, etc.) to simulate skill progression. Switch roles and provide feedback.
- Participant showcase: design and present a brief lesson plan that integrates props and utilizes varied terrain. Receive feedback from peers and instructors, fostering a collaborative learning environment.