



Alpine RMT Clinic Leading Module Clinic

Course Description: RMT candidates will develop their abilities to deliver training clinics by creating experiential learning activities, providing timely and accurate feedback, and developing coaching strategies that inspire and positively influence clinic participants.

Duration: 2 days of 6-hour on-snow clinics

Prerequisites: Successful completion of the RMT Entrance Assessment. A desire to positively influence and inspire clinic participants to improve.

Learning Outcomes: By the end of this 2-day clinic participants will be able to:

- Prioritize clinic participant needs and adapt activities to create experiential learning experiences that inspire clinic participants to attempt and practice.
- Create impromptu learning experiences based on Learning Outcomes or Objectives from a written clinic outline.
- Coach clinic participants to change their application of Skiing Fundamentals and DIRT to develop appropriate skill blending for a specific task.
- Deliver timely and accurate feedback to clinic participants, effecting change in individual understanding and/or movements.
- Explain what behaviors they need to manage to positively influence clinic participants and inspire them to receive feedback, coaching, continue practicing in spite of challenges, and maintain a positive outlook on their personal progress.

Learning Experiences:

- Identify the inherent challenges of addressing organizational needs (from home resorts and/or PSIA) and individual needs in a training environment.
- Collaborate to create different Learning Experiences from a Learning Outcome or Objective. Test each Learning Experience and evaluate its effectiveness in achieving the Learning Outcome/Objective. Workshop each Learning Experience to develop effective experiential learning experiences. Identify the conditions, situation, and variables that lead to success and failure.
- Collaborate on developing a progression of Learning Experiences that connects a Skiing Fundamental specifically to how ski design affects turning and speed control. Identify how the body performances in the progression enhance ski performance.
- Identify characteristics of inspiring coaching from a personal experience. Develop strategies to implement them as the clinic leader. Test them out and identify what conditions, situations, and variables lead to success and failure.