



ROCKY MOUNTAIN DIVISION  
Professional Ski Instructors of America  
American Association of Snowboard Instructors

## Alpine RMT Skiing Module Clinic

**Course Description:** RMT candidates will develop their accuracy and versatility while skiing in various situations to aid their ability to lead training clinics. Using skiing demonstrations for training purposes requires skiing performances higher than the PSIA Cert 3 standard. Emphasis and attention will be paid to varying the speed, environment, and accuracy of movements for any demonstration in order to develop the participant's skiing skills.

**Duration:** 6 hours on-snow

**Prerequisites:** Successful completion of the RMT Entrance Assessment.

**Learning Outcomes:** By the end of this 1-day clinic participants will be able to:

- Identify personal strategies for future personal development to create more accurate skill blending to create more accurate and/or more versatile demonstrations.
- Identify what movements they need to change or reinforce to create more accurate and/or versatile demonstrations.
- Identify any critical changes in understanding that help or hinder personal performance.
- Identify any equipment issues that may help or hinder personal performance.

**Learning Experiences:**

- Choose a Basic Blended task from the IDP to perform. Practice the task together to allow for each person to adapt and improve their performance. Modify the task to specifically target and develop a fundamental that may be hindering the individual's performance. Provide ample practice time and opportunity to continue modifying the task for skill development.
- Have the group identify tasks that are difficult for them. As they practice, have them reflect on personal challenges to discover their understanding and potential misunderstandings that hinder performance.
- Choose a task from the IDP and after initial practice, modify the task incrementally until individuals reach a failing point where they can't perform the task. Work together to identify if the point of failure is a result of creating something physically impossible, or if it diagnoses areas for development. Collaborate with the group to develop solutions for success. Return to the original task to compare current performance with initial performance.

- Collaborate on developing a common understanding and belief in how developing accuracy and versatility in skiing demonstrations helps a clinic leader present information, provide feedback, and positively influences instructors in a training environment.