



PSIA-Rocky Mountain-AASI

LEVEL 3 CERTIFIED

Instructor Development and Skills Progress Log



Updated 16 Nov 15

Name:

Level 3 Professional Development (Verified with Home Ski School Supervisor & Trainers)		Appropriate Signature	Sign-off Date	Trainer's / Supervisor's Comments and Feedback
Home School Involvement: This person is a current ski school instructor. Pursues personal growth & encourages others to do so. Acts as a role model for other instructors. Creates lasting, positive impression on guests.		SS Supervisor		
Professional Development: Attended PSIA Level 3 prerequisite courses. Attended training at home area. Taught lessons to general public, Levels 7-9. Taught both children & adult lessons, private & group. Created repeat & return business from lessons.				
Extra Credit! Attended specialized technical training or seminar. Attended specialized teaching training or seminar.				
Level 3 Skiing Performance (Verified with Home Ski School OR PSIA Trainer)		Fundamental Areas to Develop		
Highlighted		Understanding of current performance and desired outcome:		
Basic Blended				
Applied				



Level 3 Skiing EXTRA CREDIT (Verified with Home Ski School OR PSIA Trainer)	Personal Takeaways from Each Training Session	
Attend Terrain-Specific Training: (Home Area /PSIA-RM)		
Attend Race-Specific Training: (Home Area /PSIA-RM)		
Attend Freestyle-Specific Training: (Home Area/PSIA-RM)		
Coach Level 1/2 Instructors' Free Skiing: (Home Area)		
NASTAR Verification: (Gold Medal or better) (Please send verification in writing to RM Office, Thank You!)		
Share Ideas, Passion & Skill with Peer: Ski fun half-day with another instructor. Peer coach each other's performance.		
Level 3 Technical Knowledge (Level 8-9) (Study Guide Checklist)	Find Resources	Notes to Myself! What I Need to Work On:
Get personal alignment checked and ski boots adjusted.	Alignment Specialist	
Practice Movement Analysis from video and on-snow.	Home Ski School	
Learn and understand all ski-related terminology.	ATM p. 37-40	
Describe skiing in body-part specific language.	ATM p. 13-17	
Determine Cause & Effect Relationships in students.	ATH p. 206-240	
Determine equipment-specific needs for students.	ATM p. 71-80	
Study Bob Barnes' Encyclopedia on DVD	PSIA-RM website	
Practice observing and verbally describing skiing.	Home Ski School	
Develop mechanical/tactical strategies to teach advanced skiing	ATM 124-132, ATH 206-240	
Assess Alignment Cause & Effect Relationships.	Alignment Specialist	



Level 3 Teaching Knowledge (Levels 8-9) (Study Guide Checklist)	Find Resources	Notes to Myself! What I Need to Work On:
Attend Teaching Theory Clinic	PSIA-RM website	
Practice determining student Motivational needs.	PSIA-RM website	
Practice determining student Understanding needs.	PSIA-RM website	
Practice determining student Movement needs.	PSIA-RM website	
Verbalize Movement Analysis in concise format.	Home Ski School	
Practice creating goal statement with students.	Home Ski School	
Provide justification / relevance for goal setting.	PSIA-RM website	
Have peer watch you provide feedback. Get feedback!	ATH 35-38, Home Ski School	
Practice delivering lesson (indoors/on-snow) with video.	Home Ski School	
Incorporate various communication styles in lessons.	CC p. 39-40	
Practice teaching in a variety of styles for students.	PSIA-RM website	
Personal Development Plan: Share with Your Training Mentor!		Your Mentor's Name: _____ Mentor's Signature: _____
Determine Goals for Personal Development: 		
Develop a Plan and Time Line to Achieve Goals: 		