



**PSIA-Rocky Mountain- AASI
LEVEL 3 CERTIFIED**



Instructor Development and Skills Progress Log

Name: _____

Level 3 Professional Development (Verified with Home Ski School Supervisor & Trainers)	Appropriate Signature	Sign-off Date	Trainer's / Supervisor's Comments and Feedback
Home School Involvement: This person is a current ski school instructor. Pursues personal growth & encourages others to do so. Acts as a role model for other instructors. Creates lasting, positive impression on guests.	SS Supervisor		
Professional Development: Attended PSIA Level 3 prerequisite courses. Attended training at home area. Taught lessons to general public, Levels 7-9. Taught both children & adult lessons, private & group. Created repeat & return business from lessons.			
Extra Credit! Attended specialized technical training or seminar. Attended specialized teaching training or seminar.			
Level 3 Skiing Performance (Verified with Home Ski School Trainer)	Trainer's Comments and Feedback		
Wedge Christie:			
Entry Level Bumps:			
Linked Railroad Track Turns:			
Medium Radius Carved Turns:			
Linked Pivot Slips:			
Performance Short Radius Turns:			



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Level 3 Skiing Performance (Verified with Home Ski School Trainer Continued....)		Trainer's Comments and Feedback
<i>Bumps:</i>		
<i>Variable Terrain & Snow Conditions:</i>		
<i>Half Pipe Skiing / Natural Transition Skiing:</i>		
Level 3 Skiing EXTRA CREDIT (Verified with Home Ski School Trainer)		Trainer's Comments and Feedback
<i>Attend Terrain-Specific Training:</i> (Home Area /PSIA-RM)		
<i>Attend Race-Specific Training:</i> (Home Area /PSIA-RM)		
<i>Attend Freestyle-Specific Training:</i> (Home Area/PSIA-RM)		
<i>Coach Level 1/2 Instructors' Free Skiing:</i> (Home Area)		
<i>Share Ideas, Passion & Skill with Peer:</i> Ski fun half-day with another instructor. Peer coach each other's performance.		
Level 3 Technical Knowledge (Study Guide Checklist)	Find Resources	Notes to Myself! What I Need to Work On:
Get personal alignment checked and ski boots adjusted. Practice Movement Analysis from video and on-snow. Learn and understand all ski-related terminology. Describe skiing in body-part specific language. Determine Cause & Effect Relationships in students. Determine equipment-specific needs for students. Study Bob Barnes' Encyclopedia on DVD	Alignment Pro Home Ski School ATM p. 88-91 ATM p. 13-17 ATH p. 127-180 ATM p. 32-34 PSIA-RM website	



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Level 3 Technical Knowledge (Study Guide Checklist Continued.....)	Find Resources	Notes to Myself! What I Need to Work On:
Practice observing and verbally describing sk ing. Develop mechanical strategies to teach parallel skiing. Assess Alignment Cause & Effect Relationships	ATM p. 44 ATM p. 56-58 ATM p. 78	
Level 3 Teaching Knowledge (Study Guide Checklist)	Find Resources	Notes to Myself! What I Need to Work On:
Attend Teaching Theory Clinic Practice determining student Motivational needs. Practice determining student Understanding needs. Practice determining student Movement needs. Verbalize Movement Analysis in concise format. Practice creating relevant lesson goals with students. Provide justification / relevance for goal setting. Have peer watch you provide feedback. Get feedback! Practice delivering lesson (indoors/on-snow) with video. Incorporate various communication styles in lessons. Practice teaching in a variety of styles for students.	PSIA-RM website PSIA-RM website PSIA-RM website PSIA-RM website Home Ski School Home Ski School PSIA-RM website Home Ski School Home Ski School Home Ski School CC p. 39-40 PSIA-RM website	
Personal Development Plan: Share with Your Training Mentor!		Your Mentor's Name: _____ Mentor's Signature: _____
<i>Determine Goals for Personal Development</i>		
<i>Develop a Plan and Time Line to Achieve Goals</i>		