



**PSIA-Rocky Mountain**  
**LEVEL 2 CERTIFIED**  
**Instructor Development and Skills Progress Log**



Name:

Updated 16 Nov.15

<b>Level 2 Professional Development</b> (Verified with Home Ski School Supervisor & Trainers)	Appropriate Signature	Sign-off Date	<b>Trainer's / Supervisor's            Comments and Feedback</b>
<b>Home School Involvement:</b> This person is a current ski school instructor. Has an open, positive and professional demeanor. Pursues personal growth & encourages others to do so. Creates lasting, positive impression on guests.	SS Supervisor		
<b>Professional Development:</b> Attended PSIA Level 2 prerequisite courses. Attended training at home area. Audited/Taught lessons to general public, Levels 5-7. Taught both children & adult lessons, private & group. Created repeat & return business from lessons.			
<b>Extra Preparation!</b> Attended Cross Discipline Training Participated in indoor Movement Analysis training. Audited a Level 8 or 9 group lesson.			
<b>Level 2 Skiing Performance</b> (Verified with Home Ski School Trainer)	<b>Fundamental Areas to Develop</b>		
<div style="display: flex; flex-direction: column; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; margin-bottom: 5px;">Highlighted</div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> </div> <div style="display: flex; flex-direction: column; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; margin-bottom: 5px;">Basic Blended</div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> </div> <div style="display: flex; flex-direction: column; align-items: center;"> <div style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; margin-bottom: 5px;">Applied</div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> <div style="border: 1px solid black; width: 100%; height: 20px;"></div> </div>	Understanding of current performance and desired outcome:		



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Level 2 Skiing <i>EXTRA PREPARATION</i> (Verified with Home Ski School Trainer)	Fundamental Areas to Develop	
<b>L3 Highlighted Rotational Control Tasks:</b> Pivot Slips, Speiss, Pivot Slip Leapers	Understanding of current performance and desired outcome:	
<b>L3 Highlighted Edge Control Tasks:</b> 1 foot RR, Crabwalk, Switch RR, White Pass Turns		
<b>L3 Highlighted Pressure Control Tasks:</b> 1 foot RR, Crabwalk, White Pass Turns		
<b>Performance Short Radius Turns:</b> (Level 3 Maneuver)		
<b>Medium Radius Carved Turns:</b> (Level 3 Maneuver)		
<b>Bumps (black diamond terrain):</b> (Level 3 Maneuver)		
<b>NASTAR/Epic Race Verification:</b> (Silver Medal or better) <small>(Please send verification in writing to RM Office, Thank You!)</small>		
<b>Share Ideas, Passion &amp; Skill with Peer:</b> Ski with a peer & coach each other's performance.		
Level 2 Technical Knowledge (Levels 5-7) (Study Guide Checklist)	Find Resources	Notes to Myself! What I Need to Work On:
Attend PSIA-RM Technical Foundations Clinic.	PSIA-RM website	
Practice Movement Analysis using the Skills Concept.	ATM p. 15-48	
Analyze ski & body movements at different phases of turn.	ATM p. 81-88	
Determine Cause & Effect Relationships.	ATM 89-91, ATH 92-126	
Understand personal alignment / have equipment adjusted.	Alignment Specialist	
Practice observing and verbally describing skiing.	Home Ski School	
Develop mechanical strategies to teach parallel skiing.	ATM p. 91-95, ATH 136-205	



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Level 2 Teaching Knowledge (Levels 5-7) (Study Guide Checklist)	Find Resources	Notes to Myself! What I Need to Work On:
Use "Guest Centered Teaching™" Model with students.	PSIA-RM website	
Focus on student's feelings & motivations during lesson.	CC p. 24-30, ATM p.101	
Apply Maslow's Model to assess student's needs.	CC p. 35	
Create child-centered lesson from CAP Model.	CIM p. 6	
Develop strategies for behavior management of kids.	CIM p. 30-36	
Include parents in lesson planning and summary.	CIM p. 47-49	
Utilize V.A.K to present & share information to students	ATM 100, ATH 11-23	
Practice delivering effective feedback to students.	ATH p. 35-38	
Deliver various guided practice scenarios.	ATM p. 104	
Analyze communication skills of peers/trainers.	CC p. 39-40	
Develop lesson plans for teaching beginning bumps.	Home Ski School	
Develop lesson plans to teach basic carving.	Home Ski School	
Develop lesson plans for teaching pole swing.	Home Ski School	
<b>Personal Development Plan: Share with your Training Mentor!</b>		
<b>Determine Goals for Personal Development:</b>		
<b>Develop a Plan and Time Line to Achieve Goals:</b>		

Resource List: ATM ="Alpine Technical Manual"; CC ="Core Concepts Manual"; CIM =Children's Instruction Manual"; ATH ="Vail/BC Alpine Teaching Handbook"