



**PSIA CERTIFIED LEVEL II
ALPINE MOVEMENT ANALYSIS
TECHNICAL UNDERSTANDING
ASSESSMENT FORM**

Candidate:
Date:
Region:
Assessors:

Sample Form
Location:

Assessment Scale for Certified Level II:
1. Essential elements were not observed or not present.
2. Essential elements are beginning to appear.
3. Essential elements appear, but not with consistency.
4. Essential elements appear regularly at a satisfactory level.
5. Essential elements appear frequently, above required level.
6. Essential elements appear continuously, at a superior level.

Instructor Decisions & Behavior		Attained	Did not Attain	Score	Technical Understanding	Attained Level	Did not Attain	Score
Professionalism and Self-Management: Contributes to a professional environment by managing their behaviors and emotions in response to others. (Continual Assessment)					Uses current PSIA alpine resources to describe ideal performances, using two or more alpine fundamentals and considering tactics and equipment choices.			
Needs/Safety Address group and individual needs for belonging.					Understanding of Ideal Accurately identify and describe ideal performances, using two or more alpine fundamentals through the intermediate zone.			
Feedback Manage behavioral responses.					Understanding of Biomechanics/Physics Accurately reference relevant biomechanics and physics principles to describe the skiing outcomes.			
Section Average: Must be 4 or above to meet Learning Outcome					Evaluate Personal Performance Evaluate personal performance based on described ideal			
Comments (this box is expandible)					Utilizes Resources Use information from multiple PSIA-AASI resources in relation to the desired outcome.			
Movement Analysis		Attained Level	Did not Attain	Score	Section Average: Must be 4 or above to meet Learning Outcome			
Articulates accurate cause and effect relationships of at least two skiing fundamentals through all phases of the turn resulting in an effective prescription for change for skiers through the intermediate zone.					Comments (this box is expandible)			
Describe Performance Describe ski and body performance, relative to two or more alpine fundamentals in all turn phases, and from turn to turn.								
Cause and Effect Link ski and body performance when describing cause-and-effect relationships in at least two alpine fundamentals in all phases of the turn, and from turn to turn.								
Evaluate Evaluate the described performances and compare to more ideal performance.								
Prescription Prescribe a specific change in one alpine fundamental using DIRT (duration, intensity, rate, and timing) to create a change in desired outcome.								
Equipment Relate how equipment choice affects skiing outcomes through the intermediate zone								
Section Average: Must be 4 or above to meet Learning Outcome								
Comments (this box is expandible)								