



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Alpine Level 1 Prep Clinic

Time: 2 days

Credit Hours: 12

Setting: On-snow

Course Description: This two-day clinic explores the National Level One Certification standard and Rocky Mountain's assessment. This course will give members who are unaffiliated or have not completed new hire training (or similar) 2 days of on snow training. You will receive feedback on your performance throughout both days. All participants will be given a verbal or written development plan by the conclusion of the course.

Prerequisite skills: Current PSIA Member

Learning Outcomes: By the end of the 2-day session participants will;

- Identify all fundamentals - Teaching, People and Technical
- Articulate the basic format and elements of the Level 1 assessment: overview, assessment form and performance guide
- Receive feedback on your skiing relative to the Level 1 assessment and a development plan (verbally or written) for future growth
- Integrate fundamentals to understand personal skiing performance

Possible Learning Experiences:

- Ski through Levels 1 tasks
 - Identify and practice drills, exercises, or focuses to enhance performance
- Exchange feedback on technique, tactical decisions, application of fundamentals in turn phases, effects of speed/environment and terrain on desired outcomes
- Experience beginner zone progressions to identify elements of Teaching/Learning Cycle
- Practice Movement Analysis (MA) by observing the general public in the beginner zone

Clinic Leader Materials Needed:

- National Standards
- Level 1 IDP and other supporting documents
- Alpine Technical Manual
- **Fun attitude to embrace new members!!!**