



Freestyle Specialist 1 Assessment Form

Name
Date
Location
Examiner(s)

Skiing/Riding **Attained** **Did Not Attain**

Professionalism (Must Pass)
Safety, Responsibility Code, Park SMART (Must Pass)

Flatland
Switch Medium Radius Skidded Turns
Butters
Playground

Jumps (Small Features)
Spins: 180s Both Directions
Grabs
Basic Tricks & Shifties

Boxes/Rails
Alpine: Left Foot Forward/SB: Boardslide
Alpine: Right Foot Forward/SB: Nose/Tail Press

Pipe/Transition Features
Left Wall
Right Wall
Alley-Oop

Teaching **Attained** **Did Not Attain**

Professionalism (Must Pass)
Safety, Responsibility Code, Park SMART (Must Pass)
Assesses Student with Questions and Observations
Accurate Goal Statement Relevant to Student Needs
Presents Information with Various Teaching Styles
Identifies and Facilitates Various Learning Styles
Logical Progression activities Build on Previous Step
Accurate Description of Technical Content
Selection of Appropriate Terrain & Features
Manage Physical & Emotional Risk
Pacing: Talk vs Action
Lesson Activities Relate to Goals
Checks for Understanding & Clarity
Provided Specific, Timely, Relevant Feedback

Movement Analysis **Attained** **Did Not Attain**

Professionalism (Must Pass)
Communication, Presentation, Interaction Skills
Describe Student Through ATML & Speed, Pop, Spin
Relate Cause & Effect to ATML
Describes Ideal Through ATML & Speed, Pop, Spin
Prescription Prioritizes ATML Zone to Skill Development

Attained Freestyle Specialist 1
 Did Not Attain Freestyle Specialist 1

Comments

Large empty box for handwritten or typed comments.

Scoring Criteria

- 1: Essential elements were not observed or not present.
- 2: Essential elements are beginning to appear.
- 3: Essential elements appear, but not with consistency.
- 4: Essential elements appear regularly at a satisfactory level.
- 5: Essential elements appear frequently, above required level.
- 6: Essential elements appear continuously, at a superior level.

Candidates must receive scores averaging 4 or higher to pass each section, with no scores below a 3 to pass. Must pass scores require a 4 or above and are not averaged with the rest of the assessment.