



**ROCKY MOUNTAIN DIVISION**  
Professional Ski Instructors of America  
American Association of Snowboard Instructors

## Tip It and Rip It

**Duration:** 2 Days (12 CEs)

### Course Description:

Explore skill blending and tactics to improve your on-piste skiing in this medium- to high-intensity clinic. Improve turn shape, turn size, and overall speed control while carving with accuracy. Learn to manage terrain, pace, and design activities to create an environment that encourages exploration and experimentation. Share and take away teaching ideas to help your students improve their on-piste skiing on green, blue, and black terrain.

### Prerequisites:

- PSIA member
- Alpine Level 1 Certified (or above)

### Recommended Prerequisite Skills:

- Parallel skiing on groomed blue terrain.

### Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- Manage consistent speed and flow in high-intensity, on-piste skiing.
- Control speed through in a variety of turn shapes and sizes utilizing ski design.
- Adjust tactics in demanding groomed terrain from green to black.
- Identify actions and behaviors that develop trust and meaningful interactions to achieve skiing goals.
- Identify actions and behaviors that helped you recognize and reflect upon creating different ski performance outcomes.

### Potential Learning Experiences:

- Experiment with skill blending and tactics that lead to more carving.
- For greater accuracy, explore blending options:
  - Movements and timing of directing pressure to outside ski relative to edge changing movements.
  - Relevance of counter (rotational separation).
  - Control speed while managing forces from shaping phase to shaping phase.
  - Appropriately flexed and engaged joints to promote mobility and strength.