



ROCKY MOUNTAIN

Teaching Intermediate Skiers to Explore the Mountain

Duration

2 days (12 CEUs)

Learning Connection

Teaching Skills and People Skills

Course Description

Explore teaching Intermediate skiers to open the mountain playground by creating strong, speed-controlling short turns. Develop fun, interactive lessons to increase comfort and success skiing more terrain and conditions with a focus on controlled skiing on new and exciting terrain for your guests. Groups will ski groomed and ungroomed green, blue and easy black terrain in this low- to medium-intensity clinic.

Recommended Preparatory Learning

- PSIA-AASI Teaching Snowsports Manual
- Other applicable resources (Alpine Teaching Handbooks, personal teaching experience, etc.)

Prerequisites

- Level 1 Certification

Learning Outcomes

By the end of this clinic, successful participants will be able to:

- Develop interactive lesson plans, group handling skills, and varying approaches to unlock the mountain playground for intermediate skiers.
- Use short turns to form the foundation for a controlled approach to develop various tactics and performance outcomes for all-mountain skiing.

Learning Experiences

Explore and develop:

- Varied turn shapes for speed controlling, accelerating and braking short turns
- Tactics and group handling to use gained skills in new terrain and conditions across the mountain
- Interactive, fun, terrain-based lessons

Materials/Equipment Needed

None