



**ROCKY MOUNTAIN**

## **Title**

Teaching 301

## **Duration**

2 Days/ 12 CEU's

## **Learning Connection Highlight**

Teaching and People Skills

## **Course Description**

This on-snow course is for Level 2 Certified instructors pursuing their Alpine Level 3 Certification. It's designed to help you train for the Alpine Level 3 Teaching Assessment. Prepare to workshop ideas and approaches to teach your peers in a group lesson format at advanced/expert skiing levels. Training will focus on refining lesson planning, adapting your delivery to meet the needs of the students, and facilitating reflections for advanced/expert skiers. Incorporating methods to engage students in two-way communication and manage group dynamics will round out the interactions key to successful lessons. Expect to ski primarily on groomed and ungroomed green, blue, black, and double black diamond terrain suitable to the Level 3 Teaching Assessment.

## **Recommended Preparatory Learning or Prerequisites**

- Precision Skiing 301, 302 and/or 303
- Technical Foundations
- Movement Analysis 301 Online and/or On-Snow

## **Prerequisite Courses and Skills**

- Level 2 Certification
- Safely ski green, blue, black, and double black diamond trails.

## **Learning Outcomes**

By the end of this clinic, successful participants will be able to:

- Identify strategies to develop and adapt a lesson plan based on assessment and collaboration with students.
- Adapt a lesson delivery to students to achieve agreed upon outcomes while optimizing student engagement.
- Foster and facilitate reflection for students.
- Identify strategies for engaging students in two-way communication.
- Identify strategies for managing group dynamics.
- Integrate people and teaching skills in a lesson with peers.



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### Learning Experiences

- Differentiate the needs of advanced/expert-level skiers from intermediate skiers. Identify how to adapt lessons to accommodate the advanced skills and knowledge of advanced/expert-level skiers.
- Workshop strategies for assessing students and collaborating on lesson plans.
- Workshop strategies for lesson deliveries that optimizes student engagement.
- Workshop strategies for fostering and facilitating reflection. Focus on how effective reflection is dependent on real-time decision-making during the assessment, collaboration, two-way interactions, and lesson implementation.
- Practice teaching peers in a group lesson format.

### Materials/Equipment Needed

- Alpine Performance Guide
- Level 3 Teaching Assessment Form
- PSIA-AASI Teaching Manual
- Recommended Equipment Considerations
  - Tuned skis narrower than 98 mm underfoot
  - Alpine Ski Boots (Alpine Touring Boots are not recommended)