

Precision Skiing 301

Duration: 1 Day (6 CEUs)

Course Description:

Ski a variety of Level 3 tasks, variations and task chains to explore how to highlight, integrate and vary the Alpine Fundamentals to improve personal skiing and understand assessment scenarios. Geared for current Level 2 instructors working toward Level 3 and those looking to improve their skiing using exam tasks in a performance-focused environment. Work with clinic leaders and peers to prepare for the Level 3 assessment while adapting fundamentals and exploring tactical applications. Ski all advanced zone terrain suitable to a Level 3 assessment, including groomed and ungroomed black and double-black terrain.

Recommended Prerequisites:

- Technical Foundations

Prerequisite skills:

- Level 2 Certification
- Safely ski all terrain on the mountain.
- Have a good understanding of the Level 3 skiing maneuvers.
- Show a desire to enhance personal skill development.

Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- Demonstrate improved personal ski performance and understanding.
- Summarize feedback on your skiing relative to the Level 3 standard.
- Share an understanding of their path to Level 3 and personal development.

Potential Learning Experiences:

- Ski a variety of Level 3 tasks, variations, and task chains to explore how to highlight, integrate and vary the Alpine Fundamentals in a full range of Level 3 assessment conditions.
- Discuss and practice tactics for exam success.
- Collaborate with peers and your clinic leader to build a supportive and dynamic environment.
- Relate tasks/variations to personal ski improvement and real-world teaching scenarios.

Materials Needed:

- IDP – Skiing Standards, Alpine Performance Guide, L3 Skiing Assessment Form