

## Precision Skiing 201

**Duration:** 1 Day (6 CEUs)

### Course Description:

Ski a variety of Level 2 tasks, variations and task chains to explore how to highlight, integrate and vary the Alpine Fundamentals to improve personal skiing and understand assessment scenarios. Geared for current Level 1 instructors working toward Level 2 and those looking to improve their skiing using exam tasks in a performance-focused environment. Work with clinic leaders and peers to prepare for the Level 2 assessment while adapting fundamentals and exploring tactical applications. Ski beginner, intermediate, and some advanced terrain suitable to a Level 2 assessment.

### Recommended Prerequisites:

- Technical Foundations

### Prerequisite skills:

- Level 1 Certification.
- Safely ski all terrain on the mountain.
- Have a good understanding of the Level 2 skiing maneuvers.
- Show a desire to enhance personal skill development.

### Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- Demonstrate improved personal ski performance and understanding.
- Summarize feedback on your skiing relative to the Level 2 standard.
- Share an understanding of their path to Level 2 and personal development.

### Potential Learning Experiences:

- Ski a variety of Level 2 tasks, variations, and task chains to explore how to highlight, integrate and vary the Alpine Fundamentals in a full range of Level 3 assessment conditions.
- Discuss and practice tactics for professional success.
- Collaborate with peers and clinic leader to build a supportive and dynamic environment.
- Relate tasks/variations to personal ski improvement and real-world teaching scenarios.

### Materials Needed:

- IDP – Skiing Standards, Alpine Performance Guide, L2 Skiing Assessment Form