



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Front Side / Back Side

Duration: 2 days (12 CEUs)

Course Description:

Improve your overall skiing with this dynamic, fun two-day session. This medium- to high-intensity clinic enhances the precision and versatility of your skiing by moving between on- and off-piste skiing. The all-mountain approach will help you proactively respond to changes in the snow surface using sound tactical choices, allowing you to refine skill-blending options in groomed and variable settings. We will discuss and debrief teaching strategies and ideas for creating interpersonal connections with your students along the way.

Prerequisite Skills:

- Confidence and ability to ski groomed and ungroomed blue and black trails.

Learning Outcomes:

By the end of this clinic, successful participants will be able to:

- Adjust and adapt their technique and or tactics to ski at a consistent speed using short, medium, and/or long turns.
- Identify teaching cues and ideas that they can personalize for their students.
- Identify strategies for creating value and personal connection for their students in ski lessons.

Potential Learning Experiences:

- Identify and practice activities and tactics to enhance performance in both environments.
 - Corridors, speed, etc.
- Distinguish between techniques and/or tactics that work on-piste and off-piste
- Explore effects of technique, tactical decisions (speed, line, etc.), application of fundamentals, D.I.R.T., etc. on desired outcomes.
- Discuss how:
 - Customized and well-paced learning activities promote exploration, experimentation, and play toward a desired outcome.
 - To tailor a learning environment to align with the changing needs of individuals.
 - Appropriate, relevant information engages students in their learning process.