

PSIA-Rocky Mountain-AASI

Edwin Terrell Memorial Clinic

Course Description:

This clinic and Scholarship Fund is in dedication to Edwin Terrell, who was an exceptional athlete, ski instructor and Divisional Clinic Leader from Santa Fe, New Mexico. Edwin had an enthusiastic hunger for self improvement! In his memory, this clinic provides a unique “**open-minded exploration**” into the big picture of movement and natural behaviors utilizing information from other sports. Spend two enlightening days exploring snowsports from a completely different angle! The Edwin Terrell Memorial Clinic has traditionally been a Southern District clinic open to all Rocky Mountain members, with one scholarship per Southern District Ski School available.

Course Outcomes:

- Integrate information from other areas (dance, martial arts, skating, etc) into teaching skiing.
- Differentiate external energy and internal energy and explore turning principles based on the concept of internal behaviors.
- Understand the difference between characteristics and principles.
- Think outside the confines of current thinking in the ski world and explore conflicts that exist in current thinking.

Sample Activities:

- Invite group discussion and participation with an open mind to all possibilities.
- Apply the “proactive model” to skiing activities to develop an understanding of principle based movements rather than reactionary movements.
- Explore the use of modern equipment with all principles in mind.

Materials Needed:

- Roster Cards
- Any handouts from clinic leaders