



ROCKY MOUNTAIN DIVISION
Professional Ski Instructors of America
American Association of Snowboard Instructors

Alpine Certification Update Clinic

Duration: 2 Days (12 CEU's)

Course Description: This course will update Level 2 and 3 Certified members on the current standards for professional certification and provide personal feedback for continued professional development. Participants will receive feedback on their performance relative to the current level 2 or 3 certification standard. This course is updated annually to reflect current National Standards as well as PSIA-RM certification content.

Prerequisite skills: Alpine Level 2 or 3 Certified

Suggested Learning Experiences:

- Introduce outline, objective and purpose for the course. THANK participants for participating in this professional growth opportunity. ASK participants to prioritize learning objectives.
- Introduce/cover the fundamentals and relate to personal skiing, ideas for terrain and intent, and relate to the Skills Concept.
- Inside –
 - Introduce and guide through National Alpine Certification Standards and new Alpine Technical and Core Concepts Manuals
 - Introduce and explore PSIA-RM IDPs as tools for applicable development (emphasizing these as ‘development’ tools, not just assessment tools)
 - Introduce and guide through National Task Matrix as resource for understanding IDP tasks.
- Ski, warm up and build rapport and identify specific professional goals for each participant (1.5 hours)
- Ski Through at least two tasks from each section (Highlighted, Basic Blended, Application) of the PSIA-RM Skiing IDP.
 - Choose a variety of tasks that highlight and develop fundamentals at appropriate levels that are terrain appropriate and intriguing to the participants. GREAT place to ask for input!
 - Develop fundamentals and illustrate differences in Certification levels through exploration of task chains connecting fundamentals from L1 – L3 by varying Speed, Environment and Accuracy (via National Standards)
 - Ski through blended tasks to exemplify how fundamentals/skills blend and adapt to changing situations, as well as establish some fundamentals patterning which will help with progression into Application Skiing.
 - Offer level specific feedback and exemplify MA model at appropriate levels, and in a simple and positive manner
 - Alter tasks to challenge the group/individuals and engage in discussion about which aspect of the fundamentals/skill blend is most challenging
 - Challenge participants to select tasks from the IDP that will be most challenging based on level and awareness created through feedback

- Cover movement analysis model
 - Discuss history and purpose of it's development of MA Processes and MA Filter
 - Encourage participants to relate personal skiing feedback to the MA model
 - Set up practice opportunities with public or with peers.
- Participants will receive feedback on their ability to:
 - accurately demonstrate the fundamentals to their current level of certification. They will do this in at least two tasks from each section (Highlighted, Basic Blended, Application) of the PSIA-RM Skiing IDP. **(Psychomotor)**
 - analyze skiing through describing ski/body performance, cause & effect relationships, and prescribing changes relative to a more ideal performance. **(Cognitive)**

Topics for Discussion:

- How did learning experiences promote exploration, experimentation, and play toward desired outcomes?
- How was the learning environment changed to align with the changing needs of individuals?
- Was relevant information provided at a rate that engaged participants (two- way communication) in their learning process?
- Were individual concerns of emotional and physical risk managed?

Clinic Leader Materials Needed:

- PSIA National Alpine Certification Standards – ski and teaching fundamentals
- PSIA-RM IDPs
- Alpine Technical Manual, Core Concepts Manual, Movement Matrix